

February 2022



Topspin News

The official Newsletter of the Santa Fe Tennis and Swim Club

Café Highlights

“The Kitchen is open! Please come visit us for hot and fresh foods daily. We’re here for any special catering and events you may wish to book.”

- Chef Leonard Trejo



The kitchen is open for indoor and outdoor seating (with heaters), as well as to-go orders.



Announcements



The John Silver Memorial Doubles Tournament

We are going to be hosting a city-wide doubles tournament in honor of our friend who recently passed away. It will be called "The John Silver Memorial Doubles Tournament". This tournament is tentatively scheduled for the first weekend in June. We hope to make it a yearly event.

Valentine's Brunch

Our Valentine's day brunch is happening Sunday, February 13th (the day before Valentine's Day). Join us for mimosas, blueberry pancakes, and more (menu attached).

Valentine's Day To-Go special

Chef Leonard is preparing a Valentine's Day to-go special this February 14th. Perfect for you and your valentine this year! An Asian glazed salmon, strawberry cheesecake and more are available now for preorder (menu attached).

David Friedland a.k.a. David Berkeley

MEMBER PROFILE

BY RALPH BOLTON



When I contacted David for this story, he was skinning up a trail at the ski basin.

Most days you can find him playing tennis here at the club with any of the solid players from 14 to 80 years old. David is very enthusiastic, and why shouldn't he be? He has an intelligent, athletic, and beautiful wife named Sarah. As well as two smart and good looking athletic boys, Jackson and Noah.

David is a singer-songwriter by trade and quite a good one. David has toured with Dido, Ben Folds, Billy Bragg, and many others. He has won many songwriting awards and honors including ASCAP's Johnny Mercer Songwriting Award. Berkeley has released six studio albums, one live album, and authored two books.

I am hoping to have David perform here at the club this Spring or Summer as the pandemic eases up.

Interested in David's Music? Follow the links below:

<http://davidberkeley.com/store/>

<https://davidberkeley.bandcamp.com/>

THE *MINDSET* OF A SUCCESSFUL TENNIS PLAYER

They Don't Let One
Mistake
Turn Into Many

They Focus On
Consistency
Not Perfection

They Focus On
What They Can Do
Not Afraid To Miss

When They Make A
Mistake
They Forgive

When They Win
Points They Keep
Their Composure

They Know It's Not
A Race
It's a Journey !



@TENNISACADEMY101

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SFT&SC Pickleball League

By Jeff Holbrook



The 2021 Fall Santa Fe Tennis and Swim Club Pickleball league began with 18 teams of doubles players organized into two divisions. Each division contained players of varying skill levels. It was a great way to meet people and play the game we love. Around mid-November playoffs were held and the final two teams played for the championship (pictured left to right): Michael Clayman, Ellen Parker, Jess Clemens, and Jeff Holbrook. Jess and Jeff eventually won. We look forward to the Spring Leagues!



Return of Serve

By Christine Wantuck

February Pickleball



The essence of pickleball strategy for the majority of shots, is about managing space and time. This principle certainly holds true for the second shot in pickleball, the return of serve. An effective return of serve affords your team the first opportunity to advance to the most offensive position on the court, the non-volley zone (NVZ). After returning serve, the returner should ideally be moving from the baseline toward the NVZ in order to establish a strong position before the third shot is hit by their opponent. The team at the net is in the best position to exert the maximum amount of pressure on the opponents by having the initial chance to dictate play by hitting an offensive shot down, away or through their opponents.

Here are a few tips on how to hit an effective return of serve to buy time for yourself so that your team can swiftly gain the net advantage.

When receiving the serve, give yourself enough space behind the baseline to let the ball reach its apex after the bounce, so that you can hit the ball out in front of you. By standing deep behind the baseline, you will be able to hit the ball while using your forward momentum to gain valuable time getting to the NVZ. There are a couple of instances, however, when you should stand closer to the baseline: one, if the server consistently hits short serves and second, if the wind is at your back preventing the ball from reaching the baseline.

As a general rule, hit your return of serve deep. The deeper the return, the longer the ball remains in flight, providing you more time to get up to the NVZ. Adjusting the speed at which the ball is hit can also provide additional time to get up to the net. If you hit hard and fast it will come back hard and fast diminishing your opportunity to gain the net advantage. Experiment with low and slow returns.

Try to avoid running around your backhand to hit a forehand shot as it will often move you wide off the court, creating a longer distance for you to cover to get up to the NVZ. It can also put you in a weaker position to hit your fourth shot.

Think about the placement of your return of serve. For an example, hitting a return of serve deep to the middle of the court can limit the opponent's angles but, also shortens the distance the ball must travel and the time you have to move to the NVZ. It is important to practice an assortment of spins, speeds and targets on your return of serves as you will need a variety depending on the opponent's skill level.

Hope these few tips give you something to practice when you go out to play.

Have fun!

Valentine's Day To-Go Dinner

Monday, February 14th



-Asian Glazed Salmon with Quinoa & Broccoli Rapini
\$22.95



- Strawberry Cheesecake for 2
\$8.95

- Pre-order by 5:00 on Sunday 2/13

Pick up between 3:00 and 5:00 on Monday 2/14

Santa Fe Tennis and Swim Club



Valentine's Day Brunch

FEBRUARY 13TH

10:30AM - 2:30PM

SANTA FE TENNIS AND SWIM CLUB

BRUNCH MENU

- Eggs Benedict with Roasted Potatoes - \$15.95
- Blueberry Pancakes with Bacon and Real Maple Syrup - \$12.95
- Mimosa - \$7.95
- Pastry - \$6.95

Join us for an outdoor event in celebration of Valentine's Day! Members can enjoy brunch and mimosas outdoors in our new heated patio.



In tennis, the word "love" represents a score of zero. Some believe it symbolizes a player's love of tennis despite losing a match.



Members can make reservations at the front desk.

1755 CAMINO CORRALES, SANTA FE, NM 87505-505 988 4100-WWW.SANTAFETENNIS.NET-CLUB@SANTAFETENNIS.NET

February Tennis

ADULT CLINICS

Monday Evening

Women's Clinic

5:30pm—7:00pm

Teaches technique and strategy for players with drills and interactive playing.

**\$35 per member/ non-members add
\$20 guest fee*

Tuesday Evening Men's Clinic

7:00pm—8:30pm

Teaches technique and strategy for players with drills and interactive playing.

**\$35 per member/ non-members add
\$20 guest fee*



Staff/Coaches

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