Vol 5, No. 9, September 20 19



Topspin News

The Official Newsletter of the Santa Fe Tennis and Swim Club

DINNER AT THE CLUB "How to Live with More Vitality"



Club members are cordially invited to attend August's first dinner at the club, on Wednesday, September 11 at 5:30 PM, featuring guest speaker Mary Ellen Lopez.

A board-certified nurse practitioner, Mary Ellen has been practicing in Santa Fe for the past 18 years. Her current practice, Beautique Medical Spa, is a family practice with a focus on utilizing Integrative medicine to heal the body. She respects the need for Western medicine while incorporating alternative therapies. Additionally, Mary Ellen specializes in holistic nutrition, exercise guidance, and hormone replacement therapy.

Mary Ellen will be speaking about various forms of bioidentical hormone replacement therapy utilized in her practice, how it can help patients have more vitality, and how to assess potential candidates.

Joshua Lochner will be serving a plated dinner on the patio, weather permitting. The menu will be announced at a later date. \$29.00 per person. Please make your reservations for this event by calling the club at 505-988-4100 or send us an email at club@santafetennis.net.

UPCOMING TOURNAMENTS

2019 Curtain Bluff Tennis Challenge

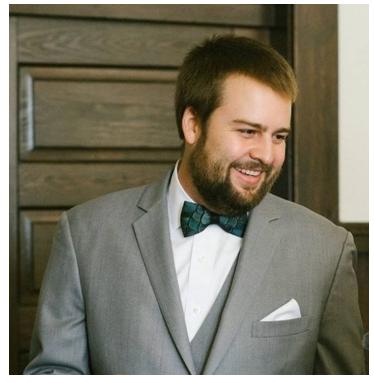
Dates: 11/2—11/9

Location: Curtain Bluff Resort, Antigua, West

Indies

Contact Ralph to register for this experience of a lifetime!

KITCHEN CHEF ANNOUNCEMENT



Santa Fe Tennis & Swim Club is pleased to announce the appointment of Chef Joshua Lochner, with a start date of September 5.

A local Santa Fean, Joshua has been working in the culinary industry since the age of 14. After graduating from the Santa Fe Desert Academy, he left the culinary field for some time and worked as an accountant. However, a love for perpetual learning called him back to the food industry, and he earned his Certificate in Culinary Arts from Santa Fe Community College in 2018.

In his new role, Joshua will be responsible for overseeing the menus and staff of the Match Point Café & Lounge, in addition to in-house dining, Dinners at the Club and other Club events. He comes to us highly recommended

with several years of experience in management, accounting, and the food industry.

In addition to his culinary experience, Joshua holds a Bachelor's of Science in Business Administration from Washington University, and previously played and coached soccer. His current hobbies include hiking, gardening, foraging, and fishing.

BALL MACHINE UPGRADE



A new, digital interface has been installed on the ball machine to address issues with the machine's programming.

Replacing the old, worn plate, the new digital interface has increased the accuracy, precision, and customizability of the controls and eliminated previous drill-related issues reported by membership.

The ball machine can be booked 7 days a week and is located on Court 2. Members can rent the ball machine in half hour increments or for the year with unlimited usage by calling 505-988-4100 during regular business hours.

Conscious Living: Choosing to Heal"

Club members are cordially invited to attend Dinner at the Club on Saturday, September 28. Guest speaker Lisa Samuel, ASID, IIDA, NCIDQ, CAPS will be discussing her personal experience of an ongoing journey to healing, the inseverable connection between the mind and the body, and how tkhe affects environment your health and happiness.

A native-born Santa Fean with roots in the Spanish and Native American cultures, Lisa Samuel journeyed through a path of rich experiences to the destination of minority business owner, entrepreneur and principal of her premier interior design firm with five designers and several staff members. Based in Santa Fe, Samuel Design Group serves clients throughout the Southwest including New Mexico, Texas and Arizona, as well as California.

Through her early studies of architecture and construction, Lisa set a foundation for continuing her love of design, in particular, interior design. The path in her interior



designer career has been slow and steady, due to her focus on raising three wonderful and accomplished children.

"I would not change a thing about this journey," Lisa says. "I learned so much in the field of civil engineering, mechanical and electrical engineering and the production of construction documents, all of which has given me a definite edge in my career."



Acquiring a degree in interior design was foundational to Lisa's career progression. The heart and soul behind Lisa's interior design work is to inspire beautiful and joyful living for her clients. She believes that the spaces we occupy at work and at home have a profound effect on our lives.

Because of the importance of her role in her clients' lives, Lisa has pursued continuing education and holds several additional credentials. She is a professional member of the American Society of Interior Designers with NCIDQ certification and a member of the International Interior Design Association. Lisa is also credentialed as a Certified Agingin Place Specialist (CAPS) through the National Association of Home Builders.

A great part of Lisa's joy is mentoring up-and -coming designers in the design business and helping them to be the best they can be.

Lisa Samuel has won numerous design awards and most recently was one of four finalists in an international design competition in Italy. Designers from New York, Los Angeles, San Francisco and Santa Fe were the finalists from the United States.

Dinner will be prepared by Joshua Lochner and served on the outdoor patio, weather permitting. The menu will be announced at a later date via email. \$29 per person. Please make your reservations for this event by calling the Club at 505-988-4100 or send us an email at club@santafetennis.net.

2019 CLUB CHAMPIONSHIPS

The annual Santa Fe Tennis & Swim Club Championships were held Saturday, August 31 through Monday, September 2.

This year's Champions:

Lady's Singles

Claire Maraist

Men's Singles

Don Clark

Men's Doubles

Roger Hamilton & Mark Roosevelt

(3rd Consecutive Year)

Mixed Doubles

Vahl Jackson & Teresa Levine

Men's B Singles

Robert Helmholz

(3rd Consecutive Year)

Men's B Flight Doubles

Kenneth Reid & Jason Meredith

Mixed B Doubles

Phil Hertzman & Lea Ann Knight

Thank you to everyone who participated in this year's Club Championship Tournament, and thank you to the spectators that came to support their fellow members. Available champion photos are on the next page.

2019 CLUB CHAMPIONS



Men's Singles Champion Don Clark (second from left) with his family.

Mixed Doubles Champions Lea Ann Knight (left) and Phil Hertzman (right).



Men's B Doubles Champions Kenneth Reid (left) and Jason Meredith (right).

Men's B Singles Champion Robert Helmholz.

USTA TEAM ADVANCES

Santa Fe Tennis & Swim Club's 9.0 Men's, 55 and over team has advanced to the USTA Southwest Section League Championships, which will be held September 13 through September 15, in El Paso, Texas. The specific event location has yet to be announced.

Led by Team Captain Jon Bloodworth and Co-Captain Tim Garcia, the 9.0 Men's Team currently holds a 60% win rate. Other team members include Roger Hamilton, Vahl Jackson, Ralph Bolton, Matthew Barker, Paul Wantuck, Key Sanders, Rocky Royer, Paul Black, Mark Davis, Roger Prucino, Paul Tachau, Galen Garcia, Mike Sandoval, and Klaus Dlabik.

"Our goal is to win Sectionals and qualify for Nationals," says Bloodworth.

If the 9.0 Team does qualify for Nationals, this will be the third consecutive time, having previously made Nationals in 2017 (pictured below) and 2015. (USTA rules require players that advance to Nationals to take a year off from their respective events.)



POOL CLOSING SOON



Our pool's last day of operation will be Monday, September 30. Until then, our pool is open 7 days a week!

Please note our new hours posted below, as we are adjusting the pool schedule in response to slower traffic.

The Daily Pool Schedule is as follows:

Monday through Friday:

7:00 AM—8:00 AM: Daily Maintenance

8:00 AM—10:00 AM: Lap Swim Only

10:00 AM-6:45 PM: Open Swim

Saturday & Sunday:

7:00 AM—8:00 AM: Daily Maintenance

8:00 AM—10:00 AM: Lap Swim Only

10:00 AM—5:45 PM: Open Swim

The Club will be open during normal hours on Labor Day and Labor Day Weekend.

The pool will begin closing at 4:45 PM on Sundays, beginning September 8.





BEGINNER (Ages 8-13)

Introduces stroke production, the most fundamental skill in tennis. Interactive games create a fun, positive learning environment while students build their forehand, backhand, overhead, serve, and volleys.

Mondays & Wednesdays // 4:00PM to 5:30PM

INTERMEDIATE (Ages 11-17)

Players continue to build stroke production and are introduced to point production. Fun, team-based games promote good sportsmanship and proper technique.

Mondays & Wednesdays // 4:00PM to 5:30PM Tuesdays & Thursdays // 4:00PM to 5:30PM

PRICING

Members

Beginner - Advanced: \$235 + tax Friday Sessions: \$155 + tax Elite Camp: \$235 + tax

Non-Members

Beginner - Advanced: \$245 + tax Friday Sessions: \$165 + tax Elite Camp: \$245 + tax

Payment is due at registration.

Scholarships available! Please email club@santafetennis.net for more information.

ADVANCED (Ages 11-17)

The intermediate/advanced classes cover stroke production, point production, and match-play. Students are placed in matchmade games with their peers, while being observed by a pro.

Tuesdays & Thursdays // 4:00PM to 5:30PM

FRIDAY SESSIONS (Ages 8-13)

This group meets once a week, on Fridays, and is subdivided by skill level. Covers curriculum from our beginner, intermediate, and advanced classes. All levels welcome, ages 8 through 13.

Fridays // 1:30PM - 3:30PM

ELITE CAMP (High School)

The Elite Camp is designed for high school students with a strong foundation in tennis. Stroke production, point production, and match-play are covered in-depth, in a realistic setting. Additionally, there is an added emphasis on fitness, using plyometrics, rope ladders, and TRX equipment.

Wednesdays & Sundays // 4:00PM to 5:30PM

Fees cover one session. There are 8 days in every class session, except for Friday classes. Session 1 (8/19-9/15) // Session 2 (9/16-10/13) // Session 3 (10/14—11/10) // Session 4 (11/11—12/8)

SEPTEMBER EVENTS

MORNING 3.5 DOUBLES TENNIS

Mondays & Wednesdays | 8:00 A.M. on King Arthur's Court | 3.5

The long-standing "Morning Group" meets biweekly on King Arthur's Court. To sign up, or for more information, contact Frank Wimberly at 505-995-8715.

Monday Evening 4.0 Clinic

Mondays | 6:00 PM—7:30 PM | 4.0

Teaches technique and strategy for 4.0 players with drills and interactive playing.

\$25.00 Members | \$30.00 Non-Members

Tuesday Evening 3.5 Clinic

Tuesdays | 6:00 PM—7:30 PM | 3.5

Teaches technique and strategy for 3.5 players with drills and interactive playing.

\$25.00 Members | \$30.00 Non-Members

Wednesday Women's Doubles

Wednesdays | Time TBA | 3.0 - 4.0+

Join us Wednesdays for matchmade women's doubles! Games are organized by Club staff, according to skill level.

Sign-up emails are sent out weekly. To sign up or to be added to the mailing list, please email Jason at jason@santafetennis.net

No Fee for Members | \$10/\$20 Guests

PRIVATE LESSONS

Ralph Bolton

Director of Tennis
USPTA Elite Pro
505-501-0588
Private - \$80.00/hour

Jim Parker

Pro Emeritus USPTA Master Pro 832-492-4615 Private - \$90.00/hour

Victor Avila

Junior Tennis Coordinator 505-795-3049

Tennis

Private - \$70.00/hour

Pickleball

Private - \$50.00/hour

To sign up for a lesson or clinic, please contact one of our tennis professionals to schedule a time.

YOUR CLUB STAFF

David Garcia

General Manager

Monika McKennie

Assistant General Manager

Ralph Bolton

Director of Tennis

Joshua Lochner

Executive Chef

Victor Avila

Junior Tennis Coordinator

Jesse Thomas

Groundskeeper

EMAIL CLUB STAFF

We would love to hear from you! To contact any member of the Santa Fe Tennis & Swim Club team, use the following format:

firstname@santafetennis.net

NOT A MEMBER?

Contact us today at 505-988-4100 and come see what we're all about! Tours available daily.

CLUBHOUSE HOURS

Monday - Saturday:

8:00 AM to 7:00 PM

Sunday:

8:00 AM - 6:00 PM

SEPTEMBER EVENTS

TRX Fitness Clinics

Wednesdays & Fridays | 8:00 AM

Led by Ralph, this hands-on fitness class is great for all ages. The TRX system leverages gravity and user bodyweight to develop strength, balance, flexibility and core stability simultaneously.

\$20.00 per Attendee

Friday 8.0 Combined Doubles

Fridays | Time TBA | 3.0 - 4.0+

Join us Fridays for combined doubles! Games are organized by skill level.

To sign up, please call 505-988-4100 or sign up at the front desk.

No Fee for Members | \$10/\$20 Guests

Saturday Men's Doubles

Saturdays | 9:30 AM—1:00 PM | 3.5 & 4.0+

Join us Saturday mornings for doubles! Games are two hours long and are organized by NTRP Rating.

Sign up emails are sent out weekly. To sign up or to be added to the mailing list, please email Jason at jason@santafetennis.net

No Fee for Members | \$10/\$20 Guests