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Topspin News

The Official Newsletter of the Santa Fe Tennis and Swim Club

"Four Things to Know About CBD"



Club members are cordially invited to attend this month's first Dinner at the Club, on Wednesday, November 13, featuring guest speaker Stephanie Cervantes.

A CBD expert and passionate self-care advocate, Stephanie recently moved to Santa Fe with her husband Cesar, who accepted a position at St. John's College. Presently, she works from home or her studio El Dorado

while caring for her one year old daughter, Isela.

Stephanie will be speaking about the emerging cannabidiol (CBD) industry and covering topics such as...

- 1. What is CBD?
- 2. The benefits of CBD, and how it has helped her.
- Things to look for in a CBD company.
- 4. What to avoid.

For Dinner, Chef Josh Lochner will be serving a 6-course meal. The menu is as follows:

Starter - Salad

Garden Salad, with choice of dressing: Ranch, Blue Cheese, Thousand Island, Balsamic Vinaigrette, or Oil & Vinegar

<u>Second Starter – Soup</u>

Creamy Squash Soup

<u>First Main – Beef Cheek Taco</u>

Slow Braised Beef Cheek served in a Fresh House-Made Tortilla with Chimichurri

Second Main – Mac & Cheese with Fried
Chicken Tenders

Savory Mac & Cheese with a Perfectly Fried,
Organic Chicken Tender and House-Made
Dipping Sauce

Third Main - Seared Tuna

Lightly Seared Tuna on a Bed of Cucumbers

Dessert

Lemon Ricotta Blueberry Cake

The cost is \$29.00 per attendee. Beer and wine are extra. Dinner is served promptly at 6:00 PM.

Please make your reservations for this event by calling the club at 505-988-4100 or send us an email at club@santafetennis.net.

If you have food allergies or are a vegan, please send an email to Chef Josh at joshua@santafetennis.net so that he can accommodate you. At least 48 hours notice is appreciated.

HOLIDAY HOURS

The Club will be observing the following hours this Holiday season:

Thanksgiving Day: CLOSED

Christmas Eve: Open 8:00AM—NOON

Christmas Day: CLOSED

New Year's Eve: Open 8:00AM—Noon

New Year's Day: CLOSED

In addition to the aforementioned closures, the Match Point Café & Lounge will be closed on Christmas Eve and New Year's Eve.

LOCKER ROOM UPGRADES



The Club has made several improvements and changes to the locker rooms in the past month, taking advantage of the Fall slowdown.

Most notably, all locks have been replaced with electronic locks, and are fully functioning. Usage instructions are posted on the wall.

Some of the previously installed locks were damaged due to doors being forced or slammed shut. The Club asks that members be conscientious in their use of the lockers and not employ excessive force.

In a second change, the Club has upgraded the shower conditioner and shampoo with plant-based, low-fragrance, vegan products.

SAVE THE DATE!

Member Appreciation Holiday Party

Date: Saturday, 12/7 @ 5:30 PM

RSVP at the front desk!

TIM GARCIA USTA SOUTHWEST HALL OF FAME

Congratulations to longtime Club Member Timothy Garcia, who was recently selected by USTA Southwest as a new inductee into the Hall of Fame. One of the most prolific and well-known tennis players in the University of New Mexico's history, Garcia will be inducted on November at the 2019 USTA Southwest Annual Hall of Fame & Awards Banquet in Tempe, Arizona.

Garcia first picked up a tennis racket at the age of five but, did not play competitively until his teenage years at the Albuquerque Tennis Club. Despite the late start he progressed rapidly and played for the UNM Lobos where he developed a formidable reputation in Southwest tennis.

In 1976 Garcia was a semi-finalist in the NCAA singles championships and, received All-American honors that year. The following year he advanced to the championships again where he faced John McEnroe. To date Garcia is the only UNM Lobos player to participate in the NCAA Championships for all four years of college and remains the most decorated player in the University's history.

Following his successful collegiate career Garcia toured the professional circuit for three years reaching a career high ranking of number 130 in the world in singles and, 54 in



Timothy Garcia, then and now.

doubles. He played in the Australian, French, and the US Open.

After retiring from the professional circuit Garcia graduated from the UNM School of Law and became a successful attorney in Northern New Mexico. He later served as a judge on the New Mexico Court of Appeals, retiring in 2018.

In addition to his lifetime accomplishments, Garcia is a former USTA Southwest board member and president and, has volunteered in numerous local, sectional and, national USTA committees. He is committed to promoting the future of tennis in New Mexico and, is well-known in the local community for his generosity and dedication. Garcia remains close to the Lobo tennis program and, frequently attends alumni reunion matches and events.

Garcia will be inducted on Saturday, November 16 at the annual Hall of Fame and Awards Banquet in Tempe, Arizona at the Hilton Garden ASU Research Park.

DINNER AT THE CLUB SARAH NOSS

The Club is honored to host Sarah Noss, Executive Director of the Santa Fe Conservation on Saturday, November 23 at the *Dinner at the Club*.

A native of Santa Fe, Noss brings decades of experience in organizational advancement and program development to the Santa Fe Conservation Trust.

After graduating from Stanford University, she returned to Santa Fe, where she worked for many years in advertising as vice president of Creative Images. Following a brief stint in Paris she came back to the States. In Chicago she resided for almost a decade working in advertising and promotions in the publishing industry.

Noss returned to Santa Fe in the early 90s and worked for a variety of non-profits as a writer, consultant, fundraiser and grant writer. In addition she worked for four years at St. Vincent Hospital Foundation where she was responsible for raising funds for the Healing Garden at the Cancer Treatment Center and the Doula Program of childbirth assistants. In her time there she helped to fund the Sexual Assault Nurse Examiner unit at the hospital and worked on the capital campaign for the renovation of the OB/GYN unit.

Later, Sarah served as the development



director at Cornerstones Community Partnerships, a historic preservation non-profit and, from there became the executive director of the Santa Fe Farmers' Market Institute, where she served from 2005 to 2013.

During her tenure, the \$5 million Farmers' Market Building in the Railyard was conceived, funded and completed. She also initiated the Institute's programs to support the farmers of northern New Mexico and getting fresh food to as many people in the community as possible.

Prior to becoming the executive director at the Santa Fe Conservation Trust in 2016, Sarah worked as a non-profit consultant, helping Kitchen Angels conceive and implement its \$1.3 million capital campaign to purchase and expand its facility.

Noss will be speaking about the work of the Santa Fe Conservation Trust: Why Land Conservation is Important.

Biographical information is a courtesy of the Santa Fe Conservation Trust.

Chef Josh Lochner will be preparing a buffet.

<u>Dinner</u>

Red Chile Cheese Enchiladas

Green Chile Chicken Enchiladas

Rice Pilaf

Posole

Garden House Salad

Dessert

Assorted House-Made Cookies & Brownies

The cost is \$19.00 per attendee. Beer and wine are extra. Dinner is served promptly at 6:00 PM.

Please make your reservations for this event by calling the club at 505-988-4100 or send us an email at club@santafetennis.net.

If you have food allergies or are a vegan, please send an email to Chef Josh at joshua@santafetennis.net so that he can accommodate you. At least 48 hours notice is appreciated.

CLAY COURT CLOSED

The Clay court is closed for the remainder of fall and winter as of October 21. On average, the Clay court reopens in mid-March, weather permitting.

CLUB HOUSE HOURS

Club House hours are changing in anticipation of the shorter days and ending of daylight saving time, as of October 27.

Monday through Friday

8:00 AM to 6:00 PM

Saturday & Sunday

8:00 AM to 5:00 PM

A SPOOKY CELEBRATION

This year's Halloween mixer and dinner was a hit! Thank you to everyone who came out to play (in consume or not) and socialize in spite of the chilly weather.



CLUB EVENT HOSTING

A stunning oasis from the hustle and bustle of downtown, Santa Fe Tennis & Swim Club offers flexible spaces, a beautiful contemporary setting and a prime location in the Historic Eastside of Santa Fe. Our close proximity to downtown and Interstate 25 ensures your event will be easily accessible and private for your guests.

In addition, the Club offers year-round event staffing and catering. Our on-site Match Point Café can handle all of your event's catering needs, from cakes to hors d'oeuvres to full-course buffets and plated dinners.

Whether you have a guest list as large as 200 persons or an intimate gathering of family and friends, we have the experience to bring your event to life.

For inquiries, please contact Monika at monika@santafetennis.net. As always, members receive a discounted rate!

TAKE HOME DINNER MENU

Save yourself time and order a take home dinner from the Café! Meals are made to order, so call in by noon. *The minimum to order is two servings.* \$10 per serving.

Choose one of the following:

Vegetarian Lasagna
Chicken or Vegetarian Enchiladas
Macaroni & Cheese w/Grilled Chicken Breast
Questions? Email josh@santafetennis.net.

PARKER SET FOR SECOND GRAND SLAM

Jim Parker returned with another pair of championship wins at the USTA National Men's 75 & 80 Clay Court Championships, held on October 28 at the Virginia Beach Tennis and Country Club.

In singles, Parker beat Dave Dollins of Escondido, California, 6-1, 6-0 for the championship title. Likewise, Parker and his doubles partner Kenny Robinson beat Dean Corley and Mike Stewart in the doubles finals, 6-4, 7-6 (5).

Parker is now tied for #1 in the world rankings in doubles, and ranked #3 in the world in singles. Furthermore, this was his 9th consecutive singles title. Parker needs to wins the upcoming grass tourney to complete the 2019 Grand Slam.

TENNIS LADDERS SEEKING PLAYERS

Ralph is currently in the process of rebooting the Men & Women's tennis ladders!

Although the Club has received a good and varied number of sign-ups for the Men's tennis ladder, we have only one registrant for the Women's tennis ladder.

If you have questions about joining or would like more information, please reach out to Ralph at ralph@santafetennis.net.





BEGINNER (Ages 8-13)

Introduces stroke production, the most fundamental skill in tennis. Interactive games create a fun, positive learning environment while students build their forehand, backhand, overhead, serve, and volleys.

Mondays & Wednesdays // 4:00PM to 5:30PM

INTERMEDIATE (Ages 11-17)

Players continue to build stroke production and are introduced to point production. Fun, team-based games promote good sportsmanship and proper technique.

Mondays & Wednesdays // 4:00PM to 5:30PM Tuesdays & Thursdays // 4:00PM to 5:30PM

PRICING

Members

Beginner - Advanced: \$235 + tax Friday Sessions: \$155 + tax Elite Camp: \$235 + tax

Non-Members

Beginner - Advanced: \$245 + tax Friday Sessions: \$165 + tax Elite Camp: \$245 + tax

Payment is due at registration.

Scholarships available! Please email club@santafetennis.net for more information.

ADVANCED (Ages 11-17)

The intermediate/advanced classes cover stroke production, point production, and match-play. Students are placed in matchmade games with their peers, while being observed by a pro. Tuesdays & Thursdays // 4:00PM to 5:30PM

FRIDAY SESSIONS (Ages 8-13)

This group meets once a week, on Fridays, and is subdivided by skill level. Covers curriculum from our beginner, intermediate, and advanced classes. All levels welcome, ages 8 through 13.

Fridays // 1:30PM - 3:30PM

ELITE CAMP (High School)

The Elite Camp is designed for high school students with a strong foundation in tennis. Stroke production, point production, and match-play are covered in-depth, in a realistic setting. Additionally, there is an added emphasis on fitness, using plyometrics, rope ladders, and TRX equipment.

Wednesdays & Sundays // 4:00PM to 5:30PM

Fees cover one session. There are 8 days in every class session, except for Friday classes. Session 1 (8/19-9/15) // Session 2 (9/16-10/13) // Session 3 (10/14—11/10) // Session 4 (11/11—12/8)

NOVEMBER TENNIS

Morning 3.5 Doubles

Mondays & Wednesdays | 8:00 A.M. on King Arthur's Court | 3.5

The long-standing "Morning Group" is seeking to expand their player roster on Monday and Wednesday mornings. To sign up, or for more information, contact Frank Wimberly at 505-995-8715.

Monday Evening 4.0 Clinic

Mondays | 6:00 PM-7:30 PM | 4.0

Teaches technique and strategy for 4.0 players with drills and interactive playing.

\$25.00 Members | \$30.00 Non-Members

Tuesday Evening 3.5 Clinic

Tuesdays | 6:00 PM—7:30 PM | 3.5

Teaches technique and strategy for 3.5 players Drills and interactive playing.

\$25.00 Members | \$30.00 Non-Members

Saturday Men's Doubles

Saturdays | 10:00 AM—2:00 PM | 3.5-4.0+

Join us Saturday mornings for doubles! Games are two hours long and are organized by NTRP Rating.

Sign up emails are sent out weekly.

No Fee for Members | \$10/\$20 Guests

Our Staff

David Garcia

General Manager

Monika McKennie

Assistant General Manager

Ralph Bolton

Director of Tennis USPTA Elite Pro 505-501-0588

Private - \$80.00/hour

Jim Parker

Pro Emeritus USPTA Master Pro 832-492-4615 Private - \$90.00/hour

Victor Avila

Junior Tennis Coordinator 505-795-3049 Private - Contact for pricing.

Joshua Lochner

Kitchen Manager

Bernadette Holberg

Administrative Assistant

Clubhouse Hours

Monday—Friday

8:00 AM-6:00 PM

Sunday—Saturday

8:00 AM-5:00 PM