



Topspin News

The Official Newsletter of the Santa Fe Tennis and Swim Club

DINNER AT THE CLUB **Dr. Brendan Casey**



Club members are cordially invited to attend August's first dinner at the club, on Wednesday, August 14 at 5:30 PM, featuring guest speaker Brendan Casey, AC, LMT, ATC.

Raised in rural northern New York State, Dr. Casey moved to Santa Fe, New Mexico in 1998 to study massage therapy at the Scherer Institute of Natural Healing and had a thriving career as a massage therapist.

In 2010, he went back to school to study sports medicine at the University of New

Mexico, where he received his B.S. in Athletic Training. Upon graduating, he moved to San Jose, California to continue his post-graduate education at the Palmer College of Chiropractic, West.

While at Palmer, he was a dedicated member of the PCCW Student Sports Council. Dr. Casey graduated Summa Cum Laude in September 2017 as Doctor of Chiropractic.

Today, Dr. Casey lives and practices in Taos, New Mexico. He specializes in musculoskeletal injuries and utilizes chiropractic manipulation, Active Release Technique, RockTape and corrective exercise to help his active patients get back in the game.

When he's not working, he is on an adventure with his partner Misa and dog Owey. Additionally, he enjoys mountain biking, yoga, snowboarding, jiu-jitsu and listening to music.

Dr. Casey will be speaking about the repetitive nature of the serve and volley in tennis, and the great demands put on the dynamic stability of the shoulder. Once injured, the biomechanics of the shoulder can change, causing further injury. Furthermore, Dr. Casey

will be discussing his passion for athletics and how he feels Sports Chiropractic care can help you prevent injury and recover from it.

Carlos Varela and Dakota Fitzner will be serving a buffet dinner on the patio, weather permitting. The menu for the evening is as follows:

Roasted Beet & Goat Cheese Salad

Fish Vera Cruz

Roasted Garlic Brussels

Herbed Roasted Fingerling Potatoes

Fresh Raspberry Brownies

Cost: \$19 per Person • Wine & Beer Extra

Please make your reservations for this event by calling the club at 505-988-4100 or send us an email at club@santafetennis.net.

AUGUST POOL SCHEDULE

Our pool is open 7 days a week! The Daily Pool Schedule is as follows:

Monday through Saturday:

7:00 AM—8:00 AM: Daily Maintenance

8:00 AM—10:00 AM: Lap Swim Only

10:00 AM—6:45 PM: Open Swim

Sunday:

7:00 AM—8:00 AM: Daily Maintenance

8:00 AM—10:00 AM: Lap Swim Only

10:00 AM—5:45 PM: Open Swim

The Club will be open on Labor Day.

UPCOMING TOURNAMENTS

Club Championships

Dates: September, TBA

Location: SFTSC

Cost: TBA

2019 Curtain Bluff Tennis Challenge

Dates: 11/2—11/9

Location: Curtain Bluff Resort, Antigua, West Indies

Contact Ralph to register!

2019 CURTAIN BLUFF TENNIS CHALLENGE



The 2018 Curtain Bluff Tennis Challenge attendees. Photo courtesy of Curtain Bluff Resort.

Club members are cordially invited to attend the 21st Annual Antigua Tennis Challenge at Antigua's five-star resort, Curtain Bluff.

The Curtain Bluff Tennis Circuit is an annual series of entertaining tennis "camps" led by game legends and geared to aptitudes from beginner to pro. Equal parts on-court action and off-court fun, these camps mix in excursions, parties, and special dinners at the beautiful Curtain Bluff resort, consistently

CURTAIN BLUFF, cont.

named one of the best in the world by the tennis and travel media.

Guests will enjoy a fantastic week of tennis with tennis legends and professionals as well as great dining, rooms right on the beach, one of the highest rated staffs in the Caribbean, a fantastic selection of water sports and spa activities, and of course plenty of fun and pampering! There are attractively priced, everything-included rates for all participants.

For more information or to register, please contact Ralph at ralph@santafetennis.net.



TRX FITNESS CLASSES

As of mid-July, the Club is offering weekly fitness classes on the new TRX System installation.

Led by ACE-certified fitness trainer Ralph Bolton, our fitness classes focus on developing strength, balance, flexibility and core stability through gravity and bodyweight exercises. Because the TRX system leverages the users bodyweight, exercises can be easily scaled and customized to any fitness, age, or activity level. Likewise, the flexibility of the

TRX system ensures a safe, low-risk workout for everyone.

Currently, TRX fitness classes are Wednesday and Friday mornings at 8:00 AM, and cost \$20.00 per session. Reserve your spot by calling the front desk or drop in! Users of all ages and fitness levels are welcome.

Individuals that would like alternative times to be considered can reach out to Ralph at ralph@santafetennis.net.

ANCIENT CITY OPEN RESULTS



Members Paul Bardacke & David Kaufman battle Alexis Johnson & Matthew Palevsky in the Men's 4.0 Doubles Quarterfinal on Saturday, July 20. Photo by Ralph Bolton.

With over 100 applicants from across the United States, this year's annual Ancient City Adult Open Tournament was a huge success. Congratulations to the winners and runners-up (listed below)!

Results for all events are as follows:

Men's 3.5 Singles

Champion: Cihan Akcay
Runner-Up: Glenn Brock

Men's 4.0 Singles

Champion: Eric Claus
Runner-Up: Ian Melville

Men's 4.5 Singles

Champion: Ryan Ellis
Runner-Up: Noah Jemison

Women's 3.0 Singles

Champion: Marissa Campos
Runner-Up: Gracie Schild

Women's 3.5 Singles

Champion: Clare Maraist
Runner-Up: Melissa Edmon

Women's 4.5 Singles

Champion: Debi Croney
Runner-Up: Christine Syvertson

Men's 3.5 Doubles

Champion: Ferguson/Pate
Runner-Up: Grayson/Reid

Men's 4.0 Doubles

Champion: Heimerl/Samples
Runner-Up: Claus/Gordon

Men's 4.5 Doubles

Champion: Jemison/Williams
Runner-Up: Ballard/Rutherford

Men's 5.0 Doubles

Champion: Ellis/Stark
Runner-Up: Garcia/Garcia

Women's 3.5 Doubles

Champion: Joseph/Kaufman
Runner-Up: Graves/Sladek

Women's 4.0 Doubles

Champion: Sale/Whiteman
Runner-Up: Carter/Phillips

Combined Mixed 7.0 Doubles

Champion: Kaufman/Kaufman
Runner-Up: McGoey/Pate

Combined Mixed 8.0 Doubles

Champion: Brookover/Brookover
Runner-Up: McDermott/McDermott

Lastly, thank you to all participants and everyone who came out to support the players. We would like to extend an especially big thanks to our sponsors; Thornburg Investment Management; Turquoise Trail Therapeutics; and New Mexico Bank & Trust, who helped make this event possible.



Justin Cheung of Santa Fe, NM launches a serve in the Men's 4.5 Singles Quarterfinal. Photo by Ruth Preucel.

A WARM WELCOME



(pictured above) were foster parents for many years, eventually adopting a beautiful daughter. Later she became the Foster Parent Liaison for Santa Fe County and worked as the coordinator for the “Heart Behind the Mask” project with the Adoption Exchange. Her current community roles include Club Leader for the 4-Seasons 4-H Club in Santa Fe County.

Currently, Monika resides with her husband of 19 years, son (Asher) and daughter (Leona) of ages 10 and 14, respectively and four rescued fur babies in the outskirts of Santa Fe. As a family, they enjoy boating and camping in the Summer and hunting in the Fall.

Please join us in extending a heartfelt welcome to Monika as she settles into her new leadership position at Santa Fe Tennis & Swim Club.

Santa Fe Tennis & Swim Club is pleased to announce the addition of our newest team member, Monika McKennie. A Native Santa Fean, Monika has over 20 years of experience in Office Management and Accounting and will be filling the position of Assistant General Manager.

Monika’s career began in the auto industry in Albuquerque where she worked for several years before accepting a management position in 2013 at one of Santa Fe’s top design firms. Several years after relocating to Santa Fe, she stepped away from her career to homeschool her children and care for her grandparents and is now rejoining the workforce.

Playing a role in her community is important to Monika. In the past, she and her husband

A FOND FAREWELL to Rachel Gonzales

Dear Members and Staff,

As of August 1, I will be stepping away from Santa Fe Tennis & Swim Club. My husband Carlos and I have acquired Linehan Communications and I will be taking an administrative role.

Thank you for a wonderful year and a half, I have enjoyed getting to know everyone

throughout my tenure. It has been a pleasure to serve you all.

Sincerely,
Rachel Gonzales

The Club will be hosting a farewell party for Rachel at 5:00 PM on Thursday, August 15 in the Clubhouse. Wine and cheeses will be served. Please RSVP by calling 505-988-4100, or email the Club at club@santafetennis.net.

DINNER AT THE CLUB

Dan Baker



Club members are cordially invited to attend Dinner at the Club on Saturday, August 24. Guest speaker Dan Baker will be discussing solar energy and solar panels in a Q&A

format.

A Santa Fe local, Dan has been an advocate for customer-owned rooftop solar more than 10 years, starting out as a Customer of Positive Energy in 2008, and has made his passion his work in selling solar for nearly 7 years, with hundreds of local residential and commercial customers.

His passions outside of work include cycling, skiing, advocating within his community on environmental issues and bicycle commuting, and volunteering his time in small solar projects for non-profits.

Following the dinner, Dan will be covering common topics of interest, such as current Tax Credits, how 'net metering' works with PNM, cost, savings, and what value is added to a home or business. In addition, he will address side topics of electric cars and battery backup units.

Dinner will be prepared by Carlos Varela and Dakota Fitzner and served on the outdoor patio, weather permitting. The menu will be announced at a later date via email.

Please make your reservations for this event by calling the club at 505-988-4100 or send us an email at club@santafetennis.net.

Your Ad Here!

\$100 (plus tax) for 6 months or \$178 (plus tax) for 12 months.

200+ readers a month.

Inquiries, please email club@santafetennis.net for details.

AUGUST EVENTS

MORNING 3.5 DOUBLES TENNIS

Mondays & Wednesdays | 8:00 A.M. on King Arthur's Court | 3.5

The long-standing "Morning Group" is seeking to expand their player roster on Monday and Wednesday mornings. To sign up, or for more information, contact Frank Wimberly at 505-995-8715.

Monday Evening 4.0 Clinic

Mondays | 6:00 PM—7:30 PM | 4.0

Teaches technique and strategy for 4.0 players with drills and interactive playing.

\$25.00 Members | \$30.00 Non-Members

Tuesday Evening 3.5 Clinic

Tuesdays | 6:00 PM—7:30 PM | 3.5

Teaches technique and strategy for 3.5 players with drills and interactive playing.

\$25.00 Members | \$30.00 Non-Members

TRX Fitness Clinics

Wednesdays & Fridays | 8:00 AM

Led by Ralph, this hands-on fitness class is great for all ages. The TRX system leverages gravity and user bodyweight to develop strength, balance, flexibility and core stability simultaneously.

\$20.00 per Attendee | Ralph is a certified

PRIVATE LESSONS

Ralph Bolton

Director of Tennis

USPTA Elite Pro

505-501-0588

Private - \$80.00/hour

Jim Parker

Pro Emeritus

USPTA Master Pro

832-492-4615

Private - \$90.00/hour

Victor Avila

Junior Tennis Coordinator

505-795-3049

Tennis

Private - \$70.00/hour

Pickleball

Private - \$50.00/hour

To sign up for a lesson or clinic, please contact one of our tennis professionals to schedule a time.

YOUR CLUB STAFF

David Garcia

General Manager

Monika McKennie

Assistant General Manager

Ralph Bolton

Director of Tennis

Victor Avila

Junior Tennis Coordinator

Jesse Thomas

Groundskeeper

EMAIL CLUB STAFF

We would love to hear from you! To contact any member of the Santa Fe Tennis & Swim Club team, use the following format:

firstname@santafetennis.net

NOT A MEMBER?

Contact us today at 505-988-4100 and come see what we're all about! Tours available daily.

CLUBHOUSE HOURS

Monday - Saturday:

8:00 AM to 7:00 PM

Sunday:

8:00 AM - 6:00 PM

AUGUST EVENTS

fitness trainer through the American Council of Exercise (ACE).

Saturday Men's Doubles

*Saturdays | 9:30 AM—1:00 PM |
3.5 & 4.0+*

Join us Saturday mornings for doubles! Games are two hours long and are organized by NTRP Rating.

Sign up emails are sent out weekly. To sign up or to be added to the mailing list, please email Bernadette at bernadette@santafetennis.net

No Fee for Members | \$10 Member-Sponsored Guests /\$20 Drop-In Guests