



# *Topspin News*

*The Official Newsletter of the Santa Fe Tennis and Swim Club*

## **DINNER AT THE CLUB**



Club members are cordially invited to attend this month's dinner at the club, on Wednesday, June 12 at 5:30 PM.

Ralph Bolton, Santa Fe Tennis & Swim Club's Director of Tennis, will be speaking about his lifelong experiences as a tennis professional, coach, and skiing and fitness instructor. This is a great opportunity for Club members to meet Ralph, especially for those who missed the Memorial Day Meet & Greet in May.

Chef Tim will be preparing a buffet dinner, which will be served outdoors on the patio, weather permitting. The menu for the evening is as follows:

*Macaroni Salad*

*Grilled BBQ Chicken Thighs*

*Grilled BBQ Pork Ribs*

*Scalloped Potatoes*

*Buttered Corn on the Cob*

*Assortment of Spring Fresh Melon*

Cost: \$19 per Person • Wine & Beer Extra

Please make your reservations for this event by calling the club at 505-988-4100 or send us an email at [club@santafetennis.net](mailto:club@santafetennis.net).

## **TRX, FITNESS CLASSES COMING SOON**

The Club is proud to announce the procurement of a TRX Fitness System to be installed on-site. The TRX System (also known as Total Resistance Exerciser) is a specialized form of suspension training, which utilizes the user's body weight to develop strength, balance, flexibility, and core stability.

Beginning in July, Ralph will be putting his fitness training experience to use, and will be hosting fitness classes at the Club with the new TRX equipment. Prices and class

schedules will be announced at a later date.

Currently, our groundskeeper, Jesse Thomas, is building an installation platform on the hill behind the locker rooms. The projected completion date is June 20.

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## UPCOMING TOURNAMENTS

### Father-Teen Tournament

Dates: 6/12—/6/14

Cost:

Members: A can of balls

Non-Members: \$30, a can of balls

### Ancient City Junior Open

*USTA Sanctioned Tournament*

Dates: 6/21—6/23

Cost: \$31 per Event

### Ancient City Adult Open

*USTA Sanctioned Tournament*

Dates: 7/19—7/21

Cost: \$33 Singles, \$27 Doubles

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## SPECTATOR ETIQUETTE

The summer season is in full swing at the Santa Fe Tennis & Swim Club, and members, guests and families are beginning to spectate matches, particularly during peak hours on the weekends. With the annual USTA-sanctioned Ancient City Adult Open scheduled for July, it's important to keep in mind the basics of spectator etiquette.

1. Keep quiet while the game is in play.

2. Silence your cell phone. Do not take phone calls courtside.

3. Stay seated until change of ends.

4. Enjoy the game.

Tennis is a game of extreme concentration, and players appreciate silence and stillness when the ball is in play. Please refrain from making excessive movements or changing or leaving seats until a change of ends (switching sides of the court). Likewise, please keep chatter, commentary and other sounds to a minimum.

Most importantly, tennis is meant to be enjoyed by everyone on and off the court. Thank you for doing your part to keep our Club friendly and open to all.

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## JUNE POOL SCHEDULE

Our pool is open 7 days a week! The Daily Pool Schedule is as follows:

Monday through Saturday:

7:00 AM—8:00 AM: Daily Maintenance

8:00 AM—10:00 AM: Lap Swim Only

10:00 AM—6:45 PM: Open Swim

Sunday:

7:00 AM—8:00 AM: Daily Maintenance

8:00 AM—10:00 AM: Lap Swim Only

10:00 AM—5:45 PM: Open Swim

The Club will be open on Independence Day and Labor Day this summer.

# DINNER AT THE CLUB with Dr. Larry Dossey



Club members are cordially invited to attend this month's Dinner at the Club on Saturday, June 29 at 5:30 PM, featuring guest speaker Dr. Larry Dossey.

Dr. Dossey is an internal medicine physician, former Chief of Staff of Medical City Dallas Hospital, and former co-chairman of the Panel on Mind/Body Interventions, National Center for Complementary and Alternative Medicine, National Institutes of Health.

He is executive editor of the peer-reviewed journal *Explore: The Journal of Science and Healing*. He is the author of thirteen books on the role of consciousness and spirituality in health, which have been translated into many languages around the world. His most recent book is *ONE MIND: How Our Individual Mind Is Part of a Greater Consciousness and Why It Matters*. He lectures worldwide.

Dr. Dossey's lecture for the evening is titled

*Spontaneous Healing: Fact or Fiction?*, which will review instances of radical, unexpected, miracle-type healings reported throughout history. Are they real and believable? Do they still occur? What do they look like? How common are they? How might they be encouraged? Dr. Dossey will offer insights from modern science and clinical medicine about this fascinating and controversial area, which should be of practical value to everyone.

Chef Tim will be preparing dinner, the menu for which is as follows:

## Appetizer

Yucatan Spinach Salad with Honey Citrus Vinaigrette, Fresh Spinach, Pineapple, Orange, and Jicama

## Entrée

Grilled Salmon w/ Gazpacho of Garden Fresh Vegetables, Chipotle Crema & Basmati Rice  
*(Fresh Atlantic Salmon with array of finely diced garden-fresh vegetables in light oil & vinegar)*

Vegetarian Option: Baked Polenta in Place of Salmon

## Dessert

Strawberry Shortcake

Please make reservations for this event by calling 505-988-4100 or send an email to [club@santafetennis.net](mailto:club@santafetennis.net).

Cost: \$29 per Person • Wine & Beer Extra

➤ Deadline to RSVP: *May 15* ⚡



Our 2019 Santa Fe Tennis Academy camps are still accepting registrations but filling fast!

The Academy is dedicated to the development tennis skills for children 10 and under, and for junior players 18 and under.

Supervised match-play scenarios and drills, supplemented with short sessions of swimming, pickleball, and physical training ensure students have a blast while lifting up their strengths and skills.

Breakfast and lunches are included for Full Day Camps, and breakfast or lunch are included for Half Day campers.

Prices and times are as follows:

**Full Day:** 8:30 AM—4:30 PM

**Half Days:**

**Morning:** 8:30 AM—12:30 PM

**Afternoon:** 12:30 PM—4:30 PM

**Session Dates:**

Session 1: May 27 – May 31

Session 2: SOLD OUT

Session 3: SOLD OUT

Session 4: SOLD OUT

Session 5: June 24 – June 28

Session 6: July 1 – July 5\*

Session 7: July 8 – July 12

Session 8: July 15 – July 19

Session 9: July 22 – July 26

Session 10: July 29 – August 2

\*Camps will be operating on July 4.

**Membership Pricing**

Half Day (Member): \$285.00 + tax

Full Day (Member): \$439.00 + tax

**Non-Membership Pricing**

Half Day (Guest): \$310.00 + tax

Full Day (Guest): \$474.00 + tax

Space is limited and filling up fast! Register online today at:

[www.santafetennis.net/purchase](http://www.santafetennis.net/purchase).

Have further questions? Give us a call at 505-988-4100 or email [club@santafetennis.net](mailto:club@santafetennis.net).

# JUNE TENNIS EVENTS

## MORNING 3.5 DOUBLES TENNIS

*Mondays & Wednesdays | 8:00 A.M. on King Arthur's Court | 3.5*

The long-standing "Morning Group" is seeking to expand their player roster on Monday and Wednesday mornings. To sign up, or for more information, contact Frank Wimberly at 505-995-8715.

## Advanced Junior Clinics

*Mondays, Tuesdays, & Wednesdays | 4:00 PM—6:00 PM | High School Players*

Tennis training and fitness, that includes plyometrics, medicine balls, battle ropes, footwork drills, and tennis play.

*\$150.00/Week per Player*

## Monday Evening 4.0 Clinic

*Mondays | 6:00 PM—7:30 PM | 4.0*

Teaches technique and strategy for 4.0 players with drills and interactive playing.

*\$25.00 Members | \$30.00 Non-Members*

## Tuesday Evening 3.5 Clinic

*Mondays | 6:00 PM—7:30 PM | 3.5*

Teaches technique and strategy for 3.5 players with drills and interactive playing.

*\$25.00 Members | \$30.00 Non-Members*

## PRIVATE LESSONS

**Ralph Bolton**

*Director of Tennis*

*USPTA Elite Pro*

505-501-0588

Private - \$80.00/hour

**Jim Parker**

*Pro Emeritus*

*USPTA Master Pro*

832-492-4615

Private - \$90.00/hour

**Victor Avila**

*Junior Tennis Coordinator*

505-795-3049

Tennis Lessons

Private - \$70.00/hour

Junior Private - \$50.00/hour

Pickleball

Private - \$50.00/hour

Junior Private - \$35.00/hour

## TENNIS ACADEMY

Group Lessons

\$70.00 - 4 Lessons/Month

To sign up for a lesson or clinic, please contact one of our tennis professionals to schedule a time.

## YOUR CLUB STAFF

**David Garcia**

General Manager

**Rachel Gonzales**

Assistant General Manager

**Ralph Bolton**

Director of Tennis

**Victor Avila**

Junior Tennis Coordinator

**Jesse Thomas**

Groundskeeper

**Tim Lopez**

Executive Chef

## EMAIL CLUB STAFF

We would love to hear from you! To contact any member of the Santa Fe Tennis & Swim Club team, use the following format:

firstname@santafetennis.net

## NOT A MEMBER?

Contact us today at 505-988-4100 and come see what we're all about! Tours available daily.

## CLUBHOUSE HOURS

Monday - Saturday:

8:00 AM to 7:00 PM, Sunday:

8:00 AM - 6:00 PM

## JUNE TENNIS EVENTS

### Novice Drop-In Clinic

*Wednesdays | 11:00 AM—12:30 PM | 3.0+*

This drop-in clinic is perfect for beginners or rusty players looking to get back into the game. Involves lots of drills focused on proper technique.

*\$25.00 Members | \$30.00 Non-Members*

### Saturday Men's Doubles

*Saturdays | 9:30 AM—1:00 PM | 3.5 & 4.0+*

Join us Saturday mornings for doubles! Games are two hours long and are organized by NTRP Rating.

Sign up emails are sent out weekly. To sign up or to be added to the mailing list, please email Bernadette at [bernadette@santafetennis.net](mailto:bernadette@santafetennis.net)

*No Fee for Members | \$10 Member-Sponsored Guests / \$20 Drop-In Guests*