### *November 2018*



s & Swim Club The Official Newsletter of the Santa Fe Tennis and Swim Club

# **DINNER AT THE CLUB** Saturday, November 17, with Guest Speaker Juliet Erickson



attend this month's your seat today! Dinner at the Club, The menu for the evening is as follows: featuring our guest speaker and fellow club member Juliet Erickson.

A California native, Juliet is an author, Stanford University lecturer, and communications coach with a proficiency in "persuasive, face-to-face communication". Her eponymous company, Erickson Partners (founded 2000), provides consulting services, skill development programs, and executive coaching to clients worldwide.

Juliet will be speaking about "High Stakes Persuasion," and how her clients rely on rigorous coaching and consultation to prepare for high-stakes situations.

Internationally, Ms. Erickson is a highly sought -after speaker, therefore, this dinner is

Club members are expected to fill up quickly. Reservations are cordially invited to required, so call or email the club to reserve

#### Soup

Wild Mushroom Florentine

#### **Appetizer**

Crispy Polenta with Spiral Vegetables & Spicy, Fire-Roasted Tomato Sauce

#### Entrée

Pan-Seared New York Strip with Red Wine, Fresh Herb, and Portobello Ragout

#### Dessert

Mini Caramel Cannoli



### **HALLOWEEN MIXER RECAP**



This year's Halloween Mixer was a blast, and thanks to the creativity of our club members, Saturday, October 27, saw some colorful teams on the afternoon courts, organized by Tennis Director Rocky Royer Einstein.

Raggedy Ann (Maggie Odell) teamed up with Sheikh Gordon Ewart against Jana Ewart and their guest Richard on Court 1, while Ruth Ginsberg (Elizabeth Reed) and Kien-yin Lee faced off "Biker Chick" (Claire Zoeller) and



Robert Nachman on Court 4.

Meanwhile, Björn Borg, complete with his vintage tennis racket (Ken Reid), dueled Anne Coller on Court 2 in a singles match.

Thank you to everyone who came out and played!



### **USTA TEAMS FINDING**

Our Fall USTA Women's Leagues are winding down for the season, with only two home matches scheduled in November.

The Women's 4.0 Team in the 40 & Over League will have their final scheduled home match on Saturday, November 3 at 1:00 P.M. Likewise, the Women's 3.5 Flight I Team will play the following Sunday afternoon at 1:00 P.M.

As of October 30, the Women's 4.0 Team is ranked first out of the 10 teams in the USTA Northern New Mexico District. The Women's 3.5 Team is placed third in their flight, but

### **USTA**, cont.

they have only lost one match, and are within striking distance of the first-place team, who has also lost only once

There are only two weeks remaining in the season before play-offs. Congratulations and good luck to both teams as they enter the final stretch!

The Club would like to extend a congratulations to these hard-working ladies, and wish them good luck in their continued success as they enter the final stretch!

### **2018 CHRISTMAS PARTY**

#### and Bob's Retirement Party

With great appreciation for our membership, the Club would like to extend an invitation to all Club members for this year's Christmas Party, which will be hosted in the clubhouse on Saturday, December 8. Furthermore, we will be celebrating Bob McLaughlin and his 42 years of service, before he retires at the end of the year.

A complimentary buffet will be served, and attending members will receive two drink tickets.

December 2.

# **PRO'S CORNER Practice Your Toss to Perfect Your Serve**

If you want to have a reliable serve you need to practice your toss. Your serve cannot be reliable unless the toss is also reliable. It should be clear where you want to be tossing the ball.

For a regular first serve, it should be in front of you and as high as you can reach. It should also be right in front of your right shoulder if you are a right-hander. Ideally, it is tossed exactly as high as you can reach, and you strike the ball at that zenith. At that moment, it is a stationary object and not moving. If you throw it much higher, it will be moving faster through the "Hitting Zone". If you toss it too low, then you are not able to reach up and use the full extent of your height and reach.

Once your toss is mastered, then you will have the opportunity to practice hitting the same serve over and over. However, if your toss is off the mark, then you have to make up a new serve to accommodate a bad toss, and that is not very reliable. Once your toss is consistent then you can just hit up and out on Mark your calendars and stay tuned for the ball because otherwise it is inclined to updates in November! RSVPs are required, come down into the net. So take the time to Please sign-up at the front desk by Sunday, practice your toss and your serve will see the positive results.

## JIM PARKER CLINCHES GRANDSLAM AT USTA NATIONALS



Jim Parker strikes during the Verne Hughes Memorial USTA National Hard Court Championship Tournament in Laguna Woods, CA. (Photo by Paul Bersebach, courtesy of Orange County Register)

pro emeritus at SFTSC, continues to set most recently by winning all four USTA National Men's 75 & 80s Championship Tournaments in one calendar year.

the year in March, at the Men's 75 & 80s 1, 6-0. Indoor Championship held in Houston, Texas, defeating Donald Long of Rochester New York in a close 6-1, 7-5 match.

Less than two months later, in May, Parker picked up his second win at the Verne Hughes Memorial USTA National Men's 75, 80, 85 & 90's Hard Court Championships in Laguna

Jim Parker, world-renowned tennis great and Woods, California.

The USTA National Men's 75 & 80 Grass Court records in his career of 60 years and counting, Championships followed in August in Pontiac, Michigan. Despite the summer heat, Parker excelled on the grass courts of the Wessen Lawn Tennis Club, snagging a third victory Parker won his first Nationals Tournament of over David Dollins of Escondido, California, 6-

> His final win came on the wings of his Finals victory on October 20th at the USTA National Men's 75 & 80 Clay Court Championship.

> Facing off on the HarTru clay courts of the prestigious Virginia Beach Tennis & Country Club, Parker made short work opponents in the early rounds of the

### JIM PARKER, cont.

tournament, eliminating most of his competitors with ease. In the finals, he once again emerged victorious over the number two seed, Donald Long (whom he had faced in the Indoor Championship finals four months prior), 6-2, 6-3.

To earn a calendar grand slam at any age is an impressive feat—even more so at 75. The skill, talent, and tenacity required to pursue such an accomplishment is unparalleled by many, and is a true testament to Jim Parker's dedication to tennis.

Congratulations Jim, on your continued success, and good luck on the courts!

**FOOD & DONATION DRIVE** 



The Club will be holding a Food & Donation • Drive, beginning November 1 and ending • December 15. Donated items will be given to • two nonprofit organizations that benefit our • local community and Northern New Mexico: • St. Elizabeth Shelters & Supportive Housing

and The Food Depot.

The Food Depot is a food bank serving Northern New Mexico, providing food to those in need through more than 145 nonprofit agencies such as food pantries, shelters, youth programs and senior centers.

Similarly, St. Elizabeth Shelters & Supportive Housing is a local, non-denominational community dedicated to assisting homeless individuals and families in times of need.

Club members will be able to drop off donated items at the front desk, beginning November 1.

#### Suggested Food Donations:

- Canned Fruits and Vegetables
- Soups, Canned and Dried
- Canned Tuna
- Canned or Bottled
  Juices
- Cereal

- Oatmeal
- Beans, Canned and Dried
- Rice, Dried
- Pasta, Dried
- Milk, Dried or Evaporated
- Infant Formula

#### Suggested Item donations:

- Laundry Detergent
- Razors
- Tooth brushes
  - Tooth paste
  - Foot powder
- Body soap
- Shampoo/ conditioners

- Nail clippers
- Sewing kits
- Deodorant
- Feminine personal care products
- Socks
- Hairbrushes
- Toilet paper

# **STRESS-FREE** THANKSGIVING DINNERS TO-GO **By Chef Tim Lopez**

This enjoy impressive, Thanksgiving, an gourmet feast without the gourmet work! The Match Point Café & Lounge will be open family and friends for a hassle-free holiday.

Chef Tim's take-home dinners are designed with dishes that compliment each other beautifully.

This year's Thanksgiving Dinner includes:

Brined, Herb-Roasted Turkey or Ham Gravy of Natural Juice

Panko-Crusted Green Bean Casserole

Classic, Homestyle Mashed Potatoes

Homemade, Country-Style Stuffing

Citrus & Whole Cranberry Sauce

Chef Tim's dinners are prepared with fresh ingredients and made-to-order. Reserve your Thanksgiving dinner no later than November 16.

Thanksgiving Dinner Pricing	
Quantity	Price
4 Servings	\$75.00
6 Servings	\$115.00
8 Servings	\$140.00

### **CLUBHOUSE HOURS**

Beginning Sunday, November 4, the clubhouse will be closing at 5:00 P.M. Fridays, Saturdays, and Sundays. Monday through Thursday, the clubhouse will be open until 6:00 P.M.

Save time in the kitchen and spend it with 10:00 A.M. to 3:30 P.M. Tuesday through Saturday, and closed on Sundays.