

AUGUST 2017



Topspin News

The official Newsletter of the Santa Fe Tennis and Swim Club

DINNER AT THE CLUB

AUGUST 16 & AUGUST 26



Pat Hodapp author of "100 Things to do in Santa Fe Before You Die" will be the guest speaker at the Dinner At The Club on **Wednesday, August 16** at 5:30 pm.

Author Anne Hillerman highly recommended her book and said, "This book makes me smile and reminds me of many of the reasons I love Santa Fe..." Her book is written with witty prose and honest personal insight, it is a useful guide which combines fun and facts in a delightful way.

Pat said the hardest part about writing this book was narrowing it down to just 100 things! Many native Santa Feans think they know everything about Santa Fe, but

they are surprised by the destinations that she has included that they did not know about! Her list includes favorites and surprises with a humorous approach.

Her book won the New Mexico-Arizona Book Coop's Best New Book out of over 1000 entries in 2016. She also was awarded Best Travel book by the New Mexico Press Women's Association and 2nd Place in the *National Press Women's Awards* for travel book in 2017.

Pat is also the Director of the Santa Fe public libraries.



The menu for the August 19th dinner is: appetizers, posole, cilantro lime chicken with carne asada or

DINNER AT CLUB..., CONT.

vegetarian enchiladas, and honey and cinnamon sopaipillas. The cost per person is \$27.50. Beer and wine are extra. Please call to make a reservation.

August 26 Dinner at the Club



Sandy (center left), Chip, their daughters, India (left), and Daisy (right)

Club members Chip and Sandy Cunningham owners of *Outside GO*, an adventure travel company that designs, plans, curates and executes unforgettable travel experiences around the world, will be the guest speakers at the Dinner At The Club on **Saturday, August 26** at 5:30 pm.

Chip Cunningham met Sandy Ingram when she was just nineteen. The pair were both working in Gstaad, Switzerland; Chip as a tennis pro and ski instructor, Sandy a champagne girl at the local bar. Chip was taken with her beauty and South African accent (Sandy is fourth generation South

African), and as soon as Sandy finished her studies at Oxford, the two traveled across the American West together camping their way through the national parks. With barely enough money for gas, they finally landed in Santa Fe where Sandy's godfather lived. They soon realized their dream of owning a ranch had a better chance of coming to fruition if they moved back to Africa, so they packed their bags and relocated to Kenya. Back then, Africa symbolized romance, exotic culture, danger, and of course great place to be a pilot, Chip's pastime.

The pair found the perfect opportunity in a lodge that had just burned to the ground—Ol Donyo Wuas (now Lodge) at the foot of Kilimanjaro in Hemingway's *Green Hills of Africa*. When they arrived, the buildings were still smoldering. But only four months later, they had built a home from the ashes with Sandy handling the guests, Chip flying the bush plane. Their love of Africa eventually evolved into owning the travel company Uncharted Outposts, which has now grown into Outside GO (www.outsidego.com). What sets Outside Go apart is that the owner of the lodge is often your host. You come eye-to-eye with a giraffe over morning coffee. Your guides make you an insider. Where the views simply take your breath away. This is what it feels like to travel with Outside GO. You will arrive home soul-satisfied, replenished, and inspired. What's

DINNERS....CONT.

more, by traveling with GO you will always be supporting the local economy and ecology, no matter your destination. This is the mission of Outside GO. Chip explains, "We take you to the backside of the mountain where the untracked powder is the pristine area of Africa, away from the tourist where the animals are wild to the roads less traveled—where you are the only one for miles—yet never alone."

Chip, Sandy and their passionate team can create the custom active and alive adventure of your dreams.

Chip and Sandy are once again based in Santa Fe, New Mexico and continue to share their love of adventure travel with their clients.

The menu for the August 26 dinner is : *assorted hors doeuvres; teriyaki chicken kabobs and vegetable skewers; curried lamb, chicken, and beef or vegetable tempura; roast root vegetables; fried rice, and dessert sampler.* The cost is \$27.50 per person. Beer and wine are extra.

Call to make a reservation.

THE PRO'S CORNER

By Rocky Royer

CROSS TRAINING IS A GREAT ADDITION TO YOUR ROUTINE

Now that your tennis strokes are well established, you can start focusing on other important aspects of your game. One of the most important is overall fitness. If there are two players of equal ball striking ability, usually the player who is more fit and agile will end up winning. It is one thing to be able to hit the ball well for an hour. It is another thing to be able to maintain that level in to the second or third hour. By doing other activities, we can increase our fitness and agility levels without having to do so exclusively by running down balls on the court. Swimming and biking are great non weight bearing exercises that can increase our speed, strength and longevity. Hiking can be a nice long but slowly paced activity that does not burden our joints too much. Spending time in the gym can be a super efficient way to increase strength quickly. Adding some of these fun activities also helps prevent us from getting burned out on tennis. Combined with some practice and repetition on the court, you can strike a good balance that will enable you to proceed as a player who is always expanding their capabilities.

CLUB CHAMPIONSHIPS

Become a part of Club tradition. Play in the Club Championships. The classic Club Championships Tournament takes place September 2 to 4. This tournament is open to Club members only. There will be men's and women's singles and doubles events in NTRP 3.0, 3.5, 4.0, 4.5, and 5.0. and mixed doubles in NTRP combined 7.0, 8.0, 9.0, and 10.0. Additionally there will be parent/child doubles. There is a tournament party on Saturday evening. Entry forms are available in the lounge.

RECIPE OF THE MONTH AND COOK OFF

Starting in October the Club will have the first of monthly cook offs and to select the best entry. Each month the Club will choose a particular dish and members are invited to bring there their dish where everyone is welcome to come taste the entries and choose their favorite. The dish chosen for the first cook off in October is chili. Dust off your favorite chili recipe and get ready for this fun event. Details about the cook off will appear in the September newsletter.

WELCOME NEW MEMBERS

We wish to extend a warm welcome to the new Club members who joined in July:

Douglas and Dianna Wyatt

Larry Burke

Larry Prescott

Andy Dudzik and Sarah Doyle

Boo Frith

Eric Harris and Vicki Marco-Harris

Gordon and Jana Ewart

Mary and Sam Wolf

SATURDAY MEN'S LEAGUE

The Club has a men's league for 3.5 and 4.0 which plays on Saturday mornings at 10:00. There is space for more players. Contact Rocky if you want to participate.

USTA LEAGUES WINDING DOWN

The summer season for USTA Leagues is finishing up and several of our teams have done well. Our Men's 3.5 Open Age team won the Northern New Mexico district and they are preparing for Sectionals in Albuquerque on August 12-13. All the champs from El Paso, Phoenix and Tucson will travel to compete for the chance to represent the Southwest at Nationals. All the

USTA LEAGUES....cont.

hard work this team has paid off when they beat out every team in Northern New Mexico. Congratulations!

The Men's 3.0 team finished in second place. Because we live near the venue for Sectionals, we were able to get a wild card and play at Sectionals on August 12th.

Our 40 and older 9.0 Mixed Doubles team tied for first place and went to Albuquerque for a playoff, to determine who goes to sectionals. Every match went to a third set tie breaker and we lost 2 out of 3, and had a couple of match points that could have clinched it. The drama was exciting and we may have a chance at a wild card for Sectionals in Tucson, later this year.

Meanwhile, the Men's 55 and older 9.0 combination team, that went to Nationals two years ago, is tied for first place with two matches remaining. The outcome of those two matches in the next couple of weeks will determine their fate for post season play. A special thanks to our captains, Dary Sulich, Paul Hodapp, Lisa Wynne and Jon Bloodworth. Congratulations to all the players for engaging in USTA competitive match play.

THE ANCIENT CITY OPEN : A WINNER!

This year's Ancient City Open saw participation grow more than 50% over the last 2 years. There were 102 players and several of them were club members who excelled. The weather was nice with just a few showers over the weekend. Our sponsor, Earth Stone International had Grill Stones for everyone. We also have an anonymous benefactor who donated a sizable gift to the New Mexico Children's Foundation on behalf of the tournament. Their Executive Director, Carol Robertson Lopez of the New Mexico Children's Foundation came to join us on Saturday. Chef James prepared a great spread of appetizers and treats for the players and their guests at the player party. Of all the club members who played, here are some notable results. Jeff Pine and Vahl Jackson took second place in a very competitive Men's 4.0 Doubles event. Jennifer Phillips and Curtis Brookover won the 8.0 Mixed Doubles, beating club member Claudia Phillips and her partner Mike Chacon. In one of the weekends biggest upsets, club members Molly Boyd and Lisa Wynne won the 4.5 Women's Doubles over an always tough Beth Miller and Virginia Byrd. It is great to have our club members doing well on the home courts!

ANCIENT CITY.... CONT.



Curtis Brookover and Jennifer Phillips--8.0 mixed
Doubles Champions



Rocky Royer and Nicolette Mechem entertain with
an exhibition match



Jamie Clemens -3.5 men's singles champion



Claudia Phillips (left), Mike Chacon,
Jennifer Phillips , and Curtis Brookover

ANCIENT CITY...CONT.



Jamie Clemens



Claudia Phillips



Fiona and Daryl Mechem



Molly Boyd and Curtis Overbrook

AUGUST 2017 CLUB CALANDER OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Open Clinic-11 am	2	3 Pickle Ball Clinic- 9 am Open Clinic- 11 am	4	5 Men's League 10 am	6
7 Open Clinic-11 am	8	9	10 Pickle Ball Clinic- 9 am Open Clinic- 11 am	11	12 Men's League 10 am	13
14 Open Clinic-11 am	15 Dinner at the Club with Pat Hodapp	16	17 Pickle Ball Clinic- 9 am Open Clinic- 11 am	18	19 Men's League 10 am	20
21 Open Clinic-11 am	22	23	24 Pickle Ball Clinic- 9 am Open Clinic- 11 am	25	26 Men's League 10 am Dinner at the Club with Chip and Sandy	27
28 Open Clinic-11 am	29	30	31 Pickle Ball Clinic- 9 am Open Clinic- 11 am			