

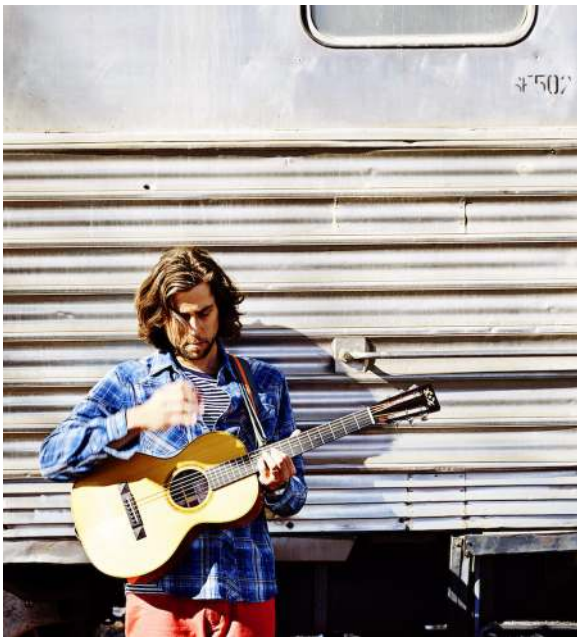
MARCH 2016



Topspin News

The official Newsletter of the Santa Fe Tennis and Swim Club

INTERNATIONAL RECORDING STAR WILL APPEAR AT THE NEXT DINNER AT THE CLUB



David Berkeley

David Berkeley, critically acclaimed singer/songwriter/author will be the guest speaker Saturday, March 26 at the next Dinner at the Club. David is a Club member and here at the Club we know him as David Friedland (Berkeley is his middle name).

David Berkeley has released six studio albums, a live album and has published two books all under the *Straw Man* label. His latest album is called *Cardboard Boat*.

You can hear his music and buy his albums and books on his website (www.davidberkeley.com).

David was a guest on *This American Life* with Ira Glass, won the Kerrville New Folk competition and the ASCAP's Jonny Mercer Songwriting Award. *The New York Times* writes "Berkeley sings in a lustrous voice", *The San Francisco Chronicle* dubs him "a musical poet", and the *Philadelphia Inquirer* calls him "sensational". In a decade of touring he has earned a devoted and extensive following. At the dinner David will talk about his experiences in the music business and perform some of his songs.

The menu for that evening is: Glazed Ham, Sweet Potato Casserole, Asparagus, and Deviled Eggs, or Ravioli Vegetable Lasagna with artichokes and spinach in a white sauce with a side salad. Both entrees include Angel Food Cake with Strawberries and Whipped Cream for dessert and an appropriate beverage. The cost is \$20 per person. Make your reservation early by calling the Club.

SANTA FE-AUSTIN TENNIS CHALLENGE

If you would like to play for Santa Fe Tennis and Swim Club in an inter-club tennis tournament in Austin at The Westwood Country Club on April 1 and 2 please contact Rocky.

VISIT THE CLUB WEB SITE

Go to the Club web site to see the dazzling new video about the Club (www.santafetennis.net). The web site is the place for members to go to and find information about leagues, clinics, tournaments, junior tennis programs, and dinners to go from The Match Point Café.



JUNIOR CAMPS SUMMER 2016

Summer is just around the corner. The first session of camps starts May 30. We have Super Stars Day Camps for 6 to 11 year olds and Tennis Camps for 10 to 18 year olds. The camps are from 8:30 am to 4:30 pm Monday through Friday every other week on alternate weeks.

The Tennis Camp is focused on developing the fundamentals of good stroke production and fun sportsman-like playing. This camp is all tennis and designed for players who are ready for this much tennis. The schedule for the

Tennis Camp is as follows:

Session 1, May 30 to June 3

Session 2, June 13 to 17

Session 3, June 27 to July 1

Session 4, July 11 to 15

Session 5, July 25 to 29

Half day sessions are available for morning or afternoon.

The cost is:

full day \$449 per session / \$429 for Club members

half day \$229 / \$209 for club members

The Super Stars Camp has tennis lessons, swim lessons, and arts and crafts every afternoon. The mornings will have other activities, games, and sports. The schedule for this camp is:

Session 1, June 6 to 10

Session 2, June 20 to 24

Session 3, July 4 to 8

Session 4, July 18 to 22

Session 5, August 1 to 5

Half day sessions are available for morning or afternoon.

The cost is:

full day \$319 per session / \$299 for Club members

half day \$169/ \$149 for Club members

You can sign up for camps and pay online at www.santafetenniscamps.com

PRO'S CORNER

By Former top 100 player

Rocky Royer

As tennis players, one important shot to have in our repertoire is the overhead. One of my sayings is that you are only as good a net player as you are at covering the lobs. In other words, even if you had the volleys of Roger Federer, you would not be effective at the net if you could not cover the lobs. Consequently, the first most important thing is positioning for the lob. If you are in a good position right underneath the ball, then you have a good chance of hitting it well. Good footwork, aligning yourself sideways to the ball, and getting into position will be the key elements to hitting this shot well. If you camp out too close to the net then you will be vulnerable to a lob. Your position at the net should usually be one or two steps inside the service line. From there, you have a good chance of moving back to retrieve a good deep lob. You can also move forward should it be a short one. As far as racket preparation goes, you do want you get both arms up quickly when you see the lob going up. That way, the left hand helps you to balance while the hitting arm gets into the back scratch position and you prepare to reach up and nail it. By keeping your head up as you hit, it really helps to get clean contact on the ball.

If you can strike the ball in the center of the strings on an overhead, the chances are very high that you will hit a good shot. Just watching the ball closely and keeping your head up can be very valuable for this shot.

In summary, move those feet quickly to create good positioning for this shot. By doing this hard work in the preparation phase, you will create many opportunities to step in and hit an authoritative overhead. You can see in the photo below how well Andy Murray gets sideways to the ball, and how he gets both arms up early while preparing to reach up and get it out in front. By practicing this shot, you can build enough confidence to hope they will lob, instead of dreading the thought of playing someone who is known to lob.



CLUB LADIES LEAGUE

We are forming a Club Ladies League for 3.0 to 4.0 players. The league will play on Wednesday mornings. Please call the Club to sign up.

CLUB CLINICS

Both Rocky and Jim offer clinics during the week. Rocky's morning clinic is for 3.0 & 3.5 women and men. This clinic runs Tuesdays and Thursdays from 11:00 am to 12:30 pm. Rocky also has a night clinic for 4.0 men on Mondays from 6:00 pm to 7:30 pm. Jim offers a weekly clinic on Wednesday nights for 3.5 and 4.0 women and men. Please note that Rocky's and Jim's clinics are limited to six players. Please call to reserve your spot.

DOUBLES MIXER

There will be a doubles mixer on Saturday, March 12 at 1:00 pm. If you would like to play please call the Club or sign up at the front desk. We hope you will join us.

CALL TO RESERVE A COURT

The Santa Fe Prep tennis team have their practices at the Club on Tuesdays and Thursdays from 3:30 to 5:30. To be sure you get a court during those times call to make a reservation.

MATCH POINT CAFE

Norm Koppel, native Chicagoan and an impeccably discerning epicurean, says the Reuben sandwich from the Match Point Café is "the best in Santa Fe".



The Reuben Sandwich

Mary Guzman's talents extend beyond sandwiches. Try one of this weeks dinners to go: Italian Style Stew with organic chicken thighs and a side salad for \$10.50, Ravioli Vegetable "Lasagna" with artichokes and spinach in a white sauce with a side salad for \$10.50, or Tomato Soup with a side salad for \$8.50. The Match Point Café is open Tuesday through Saturday from 9:00 am to 2:00 pm serving breakfast and lunch.