



November 2015

Topspin News

The official Newsletter of the Santa Fe Tennis and Swim Club

DINNER AT THE CLUB

You are invited to the Match Point Café inaugural dinner, which takes place Thursday, November 19 at 6 pm. The menu will be: lasagna, salad, bread, an appropriate beverage, and Apple pie a la mode. The cost is \$20.00 per person. Our own Jim Parker and Rocky Royer will be the after dinner speakers. The topic will be their experiences as professional tennis players. Please RSVP by Tues., Nov. 17.

time. The cost for a single hour and a half of bubble time is \$36, plus tax, and \$27, plus tax, for an hour and a half of time between 12 noon and 3 pm.

CLUB HOLIDAY PARTY DECEMBER 5

Please join us on Saturday, December 5 when the Club will host a holiday party from 5 to 7pm. There will be food and good cheer as we celebrate the Holidays New Mexico style. Please RSVP by November 28.

BUBBLE BLOCK TIME STARTS NOVEMBER 9

The forecast is for an El Niño winter this year. Don't let the bad weather cancel your weekly tennis games. Bubble block time allows you to reserve the bubble for the same day and time each week for six weeks. Block time costs \$180, plus tax, for a one and a half hour session per week. Block time between 12 noon and 3 pm is discounted by 25%. The cost is \$135, plus tax. The usual reservations policy applies to times not taken by block

MARY SCORES HIGH MARKS

Club Chef, Mary Guzman scored high marks with her first formal culinary offering to Club members on Saturday. She had a great turn-out including the folks from Austin. Mary prepared five different appetizers that were quickly consumed. A number of Club members and guests expressed their delight by saying, "excellent and delicious; it's gourmet food", "Mary's food was a Grand Slam", and "I enjoyed the butternut squash soup very much. It was up to my high standards.". During the

HIGH MARKS -Cont'd

Saturday event Mary also got many useful suggestions regarding culinary preferences. The Café is currently offering breakfast tacos, pastries, sandwiches, and salads daily.

THE PRO'S CORNER

By Rocky Royer, former top 100 touring pro

When we are in the middle of a tennis match it can be difficult to pay attention to all of our stroke production details. We can keep the fundamentals in mind though. Just remembering to watch the ball and move your feet can go a long way in helping us to play better tennis.

Most of us have plated enough that if we are in good position and waiting for the ball we can usually execute a pretty good shot. This underscores the importance of agility and good footwork. If we are having a bad day it can often be traced to inadequate footwork. By first looking to our footwork for a remedy, we can often overcome a poor start. Even if a ball is hit right to us we still need to move our feet in order to get prepared to step in and apply our body weight to the ball.

By the same token just watching the ball can have dramatic effects. We are accustomed to seeing the good players watch the ball all the way to their strings. Many of the good ones also clearly show us how after they strike the

ball, they keep their eyes and head down focused on the point of contact. This helps to clearly see the ball on the strings. It also helps keep our shoulders and body down low through the shot so we don't pull up too quickly. On serves and overheads this technique involves keeping your head up for a split second after the point of contact. This enables us to get sort of a freeze frame image of the ball on the strings each time we strike it. Like a puppy chasing a ball, if we take care of these fundamentals watching the ball and moving our feet, our experience and natural instincts can take over and make good things happen.

SANTA FE-AUSTIN INTER-CLUB SHOWDOWN

David Garcia and his wife Assel invited some of their Austin tennis playing friends to Santa Fe. The Austin players took to the court on November 6 as a warm-up for the November 7 challenge. Rocky organized the showdown which resulted in the very first inter-club event. The plan is to organize a trip to Austin (The Courtyard Tennis Club) to challenge the Austinites on their turf. If you are interested in participating the next inter-club event in Austin please let Rocky know.

ROCKY'S CLINICS

Rocky has a 3.0/3.5 clinic for men and women Thursdays from 11 to 12:30. and a 4.0 men's clinic Mondays from 6 to 7:30 pm. Call the club to sign up for the clinics.

JIM'S DOUBLES CLINIC

Jim Parker has a doubles clinic for 4.0 men and women Wednesdays from 6 to 7:30 pm. Jim has four regulars in his clinic and the clinic is limited to six players. Call the Club about the availability of openings in this clinic each week.

DOUBLES MIXER

This months doubles mixer will be on Saturday , November 21 at 1 pm. Please call the Club to sign up.

CLUB WINTER HOURS

Starting November 1 the Clubhouse will be open Monday—Thursday from 8:30 am to 6:00 pm and Friday—Sunday from 8:30 am to 5:00 pm. The bubble will still be available until 9:00 pm. The outdoor courts are available sun-up to sun-down.

MARY'S APPETIZERS PARTY



Fred Ribe and Jean Salisbury



Guests enjoy Mary's appetizers



Paul Jensen (left), Kati Jensen, Cliff Hoagland, Win Hoagland, (Assel's and David's friends from Austin), Assel Kussainova, and David Garcia

AUSTIN-SANTA FE SHOWDOWN



Jean Sailsbury (left), Nancy Forsdick, Donna Helmholz, and Paul Jensen (from Austin)



Cliff Hoagland (left), David Garcia, Bob Helmholz, and Jeff Jensen



Nancy Forsdick (left), Maggie Odell, Cliff Hoagland (from Austin), and Sue Vinton



Susan Clough (left), Bettina Milliken, Jeff Jensen, and Jean Salisbury

