

July 2018



Topspin News

DINNER AT THE CLUB

Michael Umphery
Wednesday, July 11th
5:30 P.M.



On Wednesday, July 11th, Santa Fe Tennis & Swim Club presents our member and friend, Michael Umphery. He is the former Musical Director and member of The New Christy Minstrels, a popular folk group and has performed around the world.

Living in Santa Fe since 1986, Michael is a full-time Real Estate Broker, with over 25 years of experience. Outside of real estate,

he moonlights as the "M" in the Americana trio, American JeM. His primary instrument is guitar and also does vocals.

Chef Tim will be serving a buffet on the patio. Available entrees include BBQ pork ribs, fried chicken, and grilled portabella mushrooms with polenta. On the side, choices of grilled yellow squash & zucchini, red chile-roasted potatoes, and cornbread. Fresh berry cake will be served as dessert.

Adults: \$18.00

Children (10 & Under) \$12.00.

Beer and wine will be available at an additional charge.

Reservations are required so call the Club to reserve your spot.

JULY TENNIS MIXER

You are invited to join us for this month's tennis mixer on Saturday, July 21st 11:00 A.M. to 1:00 P.M. Players of all levels are welcome.

Stay a bit after for a tasty beverage from the bar! Call the Club today, or stop in and sign up for some fun doubles.

DINNER AT THE CLUB
ALAN CARR PRESENTS "SPIES"
SATURDAY, JULY 28th



Back by popular demand is Los Alamos National Laboratory historian, Alan Carr. In May, Alan lectured about the dynamic history of Los Alamos National Labs and the Manhattan Project. On July 28th, Alan returns to share his talk on "The Project Y Spies".

Chef Tim Lopez will prepare the dinner, beginning with crab flautas & red cabbage escabeche followed by a jicama citrus salad with Agave glaze. For the main dish, attendees can choose either the beef brisket with caramelized onion barbecue sauce or grilled zucchini, with shaved coleslaw and sweet potato au gratin served alongside. For

dessert, Chef Tim will serve apple pie *ala mode* with caramel sauce. Adults \$29.00, non-vegetarian and vegetarian. Beer and wine available at an extra charge.

Reservations required, so please call the Club to reserve your spot ASAP since we expect a sell-out very early!

THE CHILI CUP
INTER-CLUB TOURNAMENT

August 9th - 12th

Breaking News!
Courtyard Challengers Commit!

Reliable informants from Austin report that the membership of the Courtyard Tennis Club is excited and serious about the Chili Cup Inter-Club Tournament and to date 10 members have committed to participating with many others indicating that they will be participating. We need to have good representation from our membership! Fliers and registration forms are available at the reception desk or ask Rocky or Bob.

The ***Chili Cup Inter-Club Tournament*** is a formal, biannual tournament between the Santa Fe Tennis & Swim Club and the Austin Courtyard Tennis Club, with a focus on social and fun tennis elements. The winners take home the ***Chili Cup Trophy*** and get to keep it to at least, until we meet again in the winter, 2019 in Austin!

Don't Miss the Fun!

CHILI CUP REGISTRATION

Registration for the Chili Cup tournament is now open! Please call or stop by the front desk to fill out a registration form.

Chili Cup entry fees are \$150, which covers tournament participation, the meet and greet reception on Thursday, August 9, dinner on Friday, August 10, and Lunch on Sunday, August 11.

Hosts Needed!

If you would like to host a guest from the Courtyard Tennis Club at your residence during the tournament, please contact Bob at bob@santafetennis.net.



LAP SWIM

8:00 A.M.— 9:00 A.M. DAILY

OPEN SWIM

10:00 A.M.— 7:00 P.M. DAILY

IN LOVING MEMORY

Long time member, Page Allen Sr., passed away last month. Our thoughts and prayers go to her daughters, Page and Gail Allen.

PRO'S CORNER

BY

JIMMY PARKER

SFT PRO EMERITUS & USPTA Master Pro

If you're like most of us, you're still working to better your tennis game. Certainly, most people who take lessons fall into that category and even those who don't usually are looking for ways to improve. Fortunately, there are many ways to get that done but, unfortunately, most of them involve practice!

However, rather than practicing your "strokes," I prefer to work on "shots." Strokes are somewhat generic— forehands, backhands, etc.—but shots are specific to a situation. Which forehand is it that you're going to work on? Your forehand return of serve, passing shot, approach shot, rally ball, or what? And are you talking about hitting that shot cross-court, down-the-line, on the run, with top-spin, slice, or what? Are you ahead in the point, or behind? The possibilities proliferate in a hurry!

So the place to start, is to take note of what shots get you in trouble when you play games and sets. While driving home after you've played, identify the three worst things you did that day. "My second serve was a cream puff, my overhead was pitiful, and I couldn't hit three balls in a row in the court." The next time you go out, spend at least five minutes on each of those issues. Find a practice partner who is willing to do that, and then do the same with their problem areas. That way you're customizing your practices, and if you keep at it, Continued...

PRO'S CORNER, cont'd

you will definitely firm up the soft spots in your game.

In general, (depending on how eager you are to improve) spending up to half of your time on court doing drills is about right. "Drills" simply isolate certain situations and allow you to get some repetition. Be creative! The touring pros you see playing on television look pretty close to mastery, but you can bet that they're still spending enormous amounts of time with their coaches doing drills. But it doesn't have to be an exercise in mind-numbing repetition. Whatever you're practicing, make a game out of it!

Making your drills into games where you keep score will begin to bridge that gap between practice and actual play. When you're trying to win, a whole new set of issues crop up. Do I lapse back into old habits? Do I lose confidence, get tentative? Do I go for too much? Can I focus for an entire (drill) game? Stair-step the difficulty of the challenge appropriately. Taking a lesson from a pro can help to ensure that you're not reinforcing bad habits. And don't expect to go from shaky to brilliant in two practice sessions! What you're really striving to do is make your practices simulate the situations that occur when you play, and then make your matches feel like you did in practice. When you practice like you play, you can play like you practice!

JULY CLINICS

The following tennis clinics are available for \$25 per member (\$30 non-members), call to reserve a spot!

Monday: 6:00 P.M., 3.5 – 4.0 with Rocky

Tuesday: 11:00 A.M., 3.0 to 3.5 with Victor

Wednesday: Stroke of the Week, 10:00 A.M., All Levels with Victor

(July 11th Backhand, July 18th Forehand & July 25th backhand Volley)

Thursday: 10:30 A.M., 3.0 to 3.5 with Rocky

Friday: Singles Clinic, 11:00 A.M., 3.0 to 3.5 with Rocky

Victor's PICKLE BALL CLINICS \$8 per member (\$20 clinic + \$4 guest fee for non-members)

Beginners – 9:00 A.M., Tuesday & Thursday

Intermediate – 10:00 A.M., Tuesday & Thursday

HOLD YOUR EVENT AT THE CLUB!

Have your party or other special event at the Club! Weddings, anniversary and birthday parties, family reunions... Whatever your event needs, let our professionals take care of the details so that you can enjoy yourself and spend valuable time with friends and family. Our head chef, Tim Lopez, can cater your special event, big or small. Indoors, outdoors, or both. Call Bob to set up an appointment to discuss the details for your special event.

ANCIENT CITY ADULT OPEN TOURNAMENT July 27 - July 29

The annual Ancient City Open tournament is accepting registrations for 3.0 - 4.5 adult players now through Sunday, July 22. Participants can register online at www.tennislink.usta.com/tournaments, with tournament ID number 750021618.

Curtain Bluff Tennis Challenge November 3 - November 9

The annual Curtain Bluff Tennis Challenge is scheduled for the first week of November in Antigua, West Indies. Many club members participated last year and everyone had such a great time that most are returning this Fall. In fact, there is a wonderful book detailing our fun times last November available on the coffee table in the lounge at the club.

This year former Davis Cup starter Dick Stockton will be one of the pros. The tennis week is starting to fill up and is expected to be filled by mid-August. If you are interested in joining us for this week-long event of a lifetime at one of the most fabulous resorts in the Caribbean, then you better sign up soon! You can go to www.curtainbluff.com or contact Rocky for more information.

ANCIENT CITY JUNIOR OPEN



Above: Girls' 12 Singles Winner Emeline Doscher (right) and Runner-up Elianah Lieberman.

The Ancient City Junior Open tournament was held June 15 through June 17, and two new club members had some great results. New member Macy Rose took second place in Girls' 16 Singles for the second year in a row. In Girls' 12 Singles, new club member Emeline Doscher took first place. We look forward to having these two players at the club, playing in future events.



Please insert names of those in the pic, i.e., from L to R..., Or, a pic or two showing of members that attended so other members can contact them about their experience.