

MARCH 2015



Topspin News

The official Newsletter of the Santa Fe Tennis and Swim Club

DINNER AT THE CLUB POSTPONED

As much as we had hoped we would be ready for the inaugural Dinner at the Club on February 28th, the building will not be ready and regretfully we have to postpone the dinner. In these last weeks of construction attention to the details and coordination between the subcontractors is important in order to expedite the completion of the project. When we receive our certificate of occupancy, we will reschedule the dinner. Thank you for your patience, soon we will have a beautiful new Clubhouse.

THE RENOVATED CLUBHOUSE WILL OPEN SOON

The renovated club house is scheduled to open soon. The enhanced club house will be a facility that will serve as a meeting place where members and neighbors can come to socialize, as well the center for day to day club business. The club house will be the place to stage social events such as, dinners, private

parties, weddings, meetings and, other social events. The club house amenities and the opportunities for extra tennis events and on going social activities will make it an invaluable asset for members, the neighborhood and, the Santa Fe tennis community. Additionally having this preeminent facility will add value and prestige to your membership in the Santa Fe Tennis and Swim Club.

USTA LEAGUE SEASON STARTS MARCH 7

Tennis players are competitive by nature and that is why USTA Leagues are so popular and are vital to tennis clubs. The Club will have three USTA Teams this season: a womens 4.0 team, a mens 4.0 team, and a mems 5.0 team. League play starts on Saturday March 7. If you are interested in joining one of our teams you can call the Club for information on joining a team.

The home match schedule for **March** is:

Sat., 3/7 at 1PM, M 4.0; **Sun., 3/8** at 1pm, W 4.0; **Sat., 3/14** at 1:00pm, M 5.0; **Sat., 3/21** at 1pm, W 4.0; **Sun., 3/22** at 1pm, M 4.0; **Sun., 3/29** at 3pm, W 4.0.

TENNIS DOUBLES SOCIAL MIXER

On March 28th spring will have arrived the week before (and maybe the clubhouse will be open then too). What better time to have our first tennis doubles mixer this year. Just show up at 2:00 pm and we'll do the

ROCKY'S CLINICS

Every Monday at 6:00 pm, in the bubble, there is a 4.0 men's clinic. Thursdays at 11:00 am there is a clinic for 3.0 and 3.5 players. The cost of both clinics is \$25. Space is limited so call to reserve your spot.

JUNIOR SUMMER CAMPS

This summer the Club will offer full day and half day camps for 6 to 11 year olds every other week starting June 8. There will also be half day tennis camps for 10 year olds and older every other week starting June 1. Superstars Day Camp activities are : tennis, swimming, arts and crafts, board games, gardening, reading, math, and more. The Day Camp morning session is from 8:30 to 12:30, and the afternoon session is from 12:30 to 4:30. The Day Camp is Monday through Friday and costs \$148 for a half day ; \$277 for full day.

The Tennis Camp will be led by world champion Jim Parker or former top 100 pro Rocky Royer. The camp will focus on stroke produc-

tion, fitness , and competitive match play. The Tennis Camp is Monday through Friday from 1 to 4 pm, and costs \$185 per week.

The afternoon session is from 12:30 to 4:30. The Day Camp is Monday through Friday and costs \$148 for a half day ; \$277 for full day, plus tax.

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Superstars Day Camp

Session 1 begins Monday, June 8

Session 2 begins Monday, June 22

Session 3 begins Monday, July 6

Session 4 begins Monday, July 20

Session 5 begins Monday, August 3

Tennis Camp

Session 1 begins Monday, June 1

Session 2 begins Monday, June 15

Session 3 begins Monday, June 29

Session 4 begins Monday, July 13

Session 5 begins Monday, July 27

CLUB MEMBERS EXCEL AT SOUTHWEST INDOOR CHAMPIONSHIPS

Several of our club players played in the Southwest Indoor Championships recently at Shellaberger Tennis Center, and we posted some great results. **Gail Allen** and **Andrea Jones** were semi-finalists in women's 40 Doubles, as was **Don Clark** in the men's 65 singles. **Andy Joseph** won the men's 40 singles, and took second place with Lisa Wynne in the Mixed 40 and over. **Tim Garcia** won the men's 45 doubles with his brother Galen, and then he teamed up with **Rocky** to win the men's 55 doubles. They beat club member **Everette Darnielle** and his partner in the finals. Rocky also won the men's 55 singles for the third year in a row. There was some great tennis and everyone got some valuable match play. Congratulations to all of these competitors!

CALENDAR OF EVENTS

The following is a list of events we currently have scheduled. We are in the process of adding more events so stay tuned!

March 7 –USTA League begins

March 28 – Mixed Doubles Social

April 25 – Mixed Doubles Social

May 23 – Opening Day at the Pool

May 23 – Mixed Doubles Social

June 1 – First week of Tennis Camp

June 8 – First week of Superstars Day Camp

June 19-21 Ancient City Junior Open

June 26 – Mixed Doubles Social

July 17-19 Ancient City Adult Open

July 25 - Mixed Doubles Social

August 22 - Mixed Doubles Social

September 4-7 – Club Championships

September 25 - Mixed Doubles Social

October 24 - Mixed Doubles Social

PRO'S CORNER **Keep your head down (or up)**

Have you ever seen a picture of Federer or Borg a split second after they have struck the ball? When their head is down, eyes still looking at the point of impact, but the ball already en route to the other side of the net? This technique has many benefits for club players and tour players alike. Of course it helps us to see the ball strike the strings. It may be a blurred image, but you do get to see the ball on the strings. One of the other main benefits is that it helps keep the rest of our body down, through the shot. As you know, all your other body parts are connected to your head. As your head comes up, your legs arm shoulders

tend to come up as well, often producing undesired effects. By keeping your head down, it helps everything else to stay down and thus control the outcome of your shot. I used to think Roger Federer did this instinctually, without having to think about it. However, once I saw him go out for his first hit of the day before his night match. On his first 10 shots of mini tennis, he exaggerated the extent to which he practiced keeping his head down. I thought it was natural to that guy, but even Roger Federer has to remind himself to keep his head down, or it may not happen today. This is quite a good reminder to us mere mortals. We have to pay attention to watching the ball all the way in to the strings, in order to consistently strike the ball cleanly. Of course for serves and overheads we must keep our heads up for a split second after contact, for best results. Try this out next time you play and see if it helps any!

Colorado. He received a bachelor's degree from Yale and a Medical Degree from Harvard and his practice is in psychiatry. His limits his practice to working with native Americans and he travels to their reservations to administer to their needs. Scott has worked in public health for 28 years. In 1970 he became the Mental Health Director and the Behavioral Health Director for the State of New Mexico.

Scott also has a business that sells art and antiques; the name of his business is Visionquest Futures. You can call Scott, at 505 466 4625, about Visionquest Futures.

One of Scott's favorite things to do is travel. He has traveled to Easter Island, Tanzania, New Zealand and Stonehenge, in England.

Being dedicated to helping others and being loving, grateful and forgiving is Scott's philosophy of life.

Scott has three sons and eleven grandchildren that he enjoys spending time with. Almost every day for the last ten to twelve years Scott has climbed Sun Mountain and picked up the trash and carried it down to be disposed of properly.

MEET OUR NEIGHBORS



This month the Club neighbor is Scott Nelson. Scott grew up in Colorado Springs,