

APRIL 2015



Topspin News

The official Newsletter of the Santa Fe Tennis and Swim Club

RENOVATIONS OUTSIDE

Now that the clubhouse is just days away from re-opening, renovations will begin outside around the club. First, the old flagstone walkways will be removed and new flat walkways constructed. The old shade arbors in between the courts will be replaced. The spaces in between the courts will be

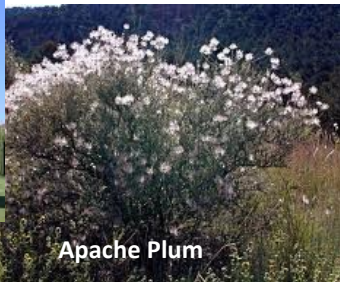


The new arbors will look similar to this

landscaped with shrubs, flowering plants, ground-cover and grass.



Italian Cypress



Apache Plum



Little Bluestem



Littleleaf Mock Orange

(Some of the plants that will be used for landscaping)

Numerous trees and shrubs will be planted next to the bubble, around the parking lot, in the pool area, at the entrance to the Club, and around the entrance to the Clubhouse. The parking lot will get a final layer of gravel and lighting installed.

These flourishes will radiate beauty. When the improvements are finished the effect will be one of delight.

THE CLUB FACEBOOK PAGE

The club has a face book page. We would appreciate it if you would go to the Club page and write a review of the Club and "like" the Clubs page. Reviews and likes generate more interest and traffic for the page and help promote the Club.



at: [Santa Fe Tennis and Swim Club](#)

MEMBERS MATCH LIST & MATCH FINDER

A members match list is being compiled and will be available to members in April. If you do not wish to be on the match list please let us know by April 15.

We are trying out another way for members to find players for games. We have created a “closed group” on Facebook where members can go and join the group and then post a message to find members to play in games. Only Club members will be allowed to join the group. Rocky and Bob are administrators for the “closed group” page and will approve only Club members requests to join. Here is what you have to do to join. First, you have to be on Facebook to join the group. Then go on Facebook and enter in the search box members match finder, this is different from the Club Facebook page, then click on join group. Sometime soon after that you will receive a notice that you have been accepted. After that you can post messages and read other members messages. Only members of the group will be able to see and enter posts. Once you are in the group you can invite your Facebook friends who are Club members to join the group. If you like you can call the Club and we can walk you through the process.



at: members match finder

CLUB USTA LEAGUE TEAMS & APRIL HOME MATCH SCHEDULE

The men’s 5.0 team, captained by Don Hosch, is undefeated. They won their first and only team match so far this season. Rocky Royer won his singles match and Everette Darnielle/Andy Joseph won their doubles match.

The men’s 4.0 team, after a shaky start this season, won all 5 matches in their last team match against Tennis Club of Albuquerque. Rick Luiz, team captain, and Victor Avila won their singles matches. Jeff Pine/Dennis Carlton, Lawrence Watson/Bob McLaughlin, and Alexis Johnson/Tony Pate won their doubles matches.

The women’s 4.0 team has played tough and have been close to winning in their team matches. They won two out of five matches in both team matches and both team matches were decided in third set ten point tie breaks.

April team home match schedule: M4.0, **4/4 at 1pm**; W4.0, **4/4 at 3pm**; W4.0, **4/11 at 1pm**; M4.0, **4/12 at 1pm**; M5.0, **4/18 at 3pm**; M5.0, **4/26 at 1pm**; W4.0, **4/26 at 3pm**.

Matches last about two hours. The men’s and women’s 4.0 teams use 5 courts. The men’s 5.0 team use 3 courts.

BRIDGE CLUB

If you are interested in joining a bridge club that will meet in the Clubhouse please call or email the Club and we will set up a meeting for bridge club players. Additionally if you are interested in forming other kinds of clubs or activities (such as a book club, chess club, dance club, board games club, movie club) contact us and we will help organize it.

ROCKY'S CLINICS

Rocky gives a men's 4.0 clinic on Mondays at 6pm and a 3.0 to 3.5 clinic on Thursdays at 11am. The cost for the clinics is \$25. Space is limited. Call to reserve a place.

TENNIS DOUBLES SOCIAL

You are invited to our next doubles social mixer which will take place Saturday, April 25 at 2pm. You do not need to come with a partner. We will team up players and organize play.

SWIMMING POOL SEASON

The pool will open for the season Memorial Day Weekend, Saturday, May 23. The cost for a seasonal pool membership is \$800 plus tax. The number of pool memberships are limited. Buy your membership early, while they are still available.

RESTRING YOUR RACQUET

Tennis strings lose their resiliency over time and that results in your strings feeling dead. The rule of thumb is you should restring your racquet at least once a year. Spring is a good time to restring because it's the beginning of good tennis weather and more tennis games. Here is some information about strings and stringing that you may find useful. There are a few different kinds of string. Nylon is the basic and most popular tennis string. It's the least expensive, it's reasonably durable, it holds tension well, and it is not too hard on your arm. Polyester and Kevlar string is very durable. It is a good choice for heavy hitters and string breakers. It is not recommended for players with arm problems. Multifilament string is the top category and the most expensive after gut. It delivers good power and control and is easy on the arm. Textured string has a small raised band that is supposed to give the ball more spin. It is dubious that it actually does. Gut is the most expensive string. It has very good elasticity, tension stability, and liveliness. Because it is not very durable it is not practical for most club players.

String tension effects power and control. Lower tension delivers more power due to the trampoline effect of the string. Higher tension delivers more control because the ball dwells less time on the strings.

Lastly lets cover string gauge. The gauge (the higher the number the thinner the string) of the string effects spin and the feel of the racquet the most. Thinner gauge string delivers more spin and simply feels better. Start with a 17 gauge string, if it breaks

too soon move up to thicker 16 gauge. If the 17 gauge lasts next time try 18 gauge which is even more of a good thing.

PROS CORNER— TENNIS IS A GAME OF ERRORS

You can become a better player and win matches without hitting better shots than your opponent. By just thinking differently you can raise your level of play. Here's how. It turns out that tennis is a game of errors. Most points end on mistakes rather than on winners. The player who wins is usually the one who makes the fewest mistakes. It is not the player who hits the best shots that wins. It is the player who hits the most shots that wins. There are 4 ways to lose a point: hit the ball long, hit it wide, your opponent hits a winner, or hit the ball in net. Hitting the ball in the net happens far more many times than the other 3 ways combined. The second likeliest place to miss it is wide, third most go long. Consequently, if you can eliminate the first 2 most likely mistakes then you can instantly become a better player by virtue of making so many fewer errors. This is one reason that coaches often say it is best to miss the ball long. By thinking that way you are more likely to get the ball over the first obstacle in the game, the net, end eliminate many wide errors as well. Also, thinking this way helps you to drive the ball deep through the court, which is usually one of our tactical goals. Just making your opponent play lots of balls can make them reach their flub level. So get that ball out of the net, miss it long if anywhere, and you can outlast a match tough league player or a savvy club player.

MEET OUR NEIGHBORS



This month our neighbor is Andy Joseph. Andy grew up in Santa Fe. Andy's family had a membership at the Club, when he was a junior player. His late father, Larry Joseph, was a prominent and popular Club member and a good tennis player. Andy is currently a Club member and plays USTA League and Tournaments. He is ranked #1 in 35's mixed doubles and #2 in men's 4.0 singles in the USTA Southwest Section. Andy attended UC Santa Barbara where he received a degree in Aquatic Biology.

He is now an entrepreneur and is developing a wellness resort at Sunrise Springs in La Cienega, which is scheduled to open this summer.

His favorite things about Santa Fe are that his roots are here and all the friends he has here. If he could change one thing about Santa Fe it would be more water.

His favorite quote is "Luck occurs when opportunity meet preparedness"

Andy met his wife, Claudia, at UC Santa Barbara when they were students. They have two children. A few years ago Andy took his family on a year long trip to Costa Rica and South America. Andy says his favorite activity is raising his two children.



Left to right- Tupper Shoen, Andy Joseph, Victor Avila, and, Don Hosch play some doubles in the bubble.

CLUB EVENTS

APRIL 2015

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 11am Rocky's 3.0 to 3.5 clinic	3	4 1pm USTA M4.0; 3pm, W4.0
5	6 6pm Rocky's 4.0 men's clinic	7	8	9 11am Rocky's 3.0 to 3.5 clinic	10	11 1pm USTA match W4.0
12 1pm USTA match M5.0	13 6pm Rocky's 4.0 men's clinic	14	15	16 11am Rocky's 3.0 to 3.5 clinic	17	18 3pm USTA match
19	20 6pm Rocky's 4.0 men's clinic	21	22	23 11am Rocky's 3.0 to 3.5 clinic	24	25 2pm tennis doubles social
26 1pm USTA M5.0; 3pm ,W4.0	27 6pm Rocky's 4.0 men's clinic	28	29	30 11am Rocky's 3.0 to 3.5 clinic		



at: [Santa Fe Tennis and Swim Club](#)